

**Network Minutes**

**Thursday April 9, 2015 CVRD Board Room- 6:00 pm**

**Present:** Rob Hutchins Chairs and Jennifer Jones, Denise Williams, Cindy Lise Regional Facilitator,Gus Williams, Melie De Champlain, Amy Trippe Brophy, Robert Calnan, Robin Routledge, Jane Osborne, Alison Nicholson, Lori Iannidinardo, Gerry Giles, Denise McKinley Jane Hope, Tom Walker, Sheila Service, Victor Nowoselski, Kathleen Erickson, Kathleen Sheppard David Robertson, Dave Ehle, Valorie Masuda

**Regrets:** Isabel Rimmer, Jenn George, Val Crossley, Leslie Welin, Aimee Sherwood, Gretchen Hartley, Grant Waldman, Jan Tatlock, Rhoda Taylor, Laura Court, Bob Day

**Absent:** Bonnie Thomson, Rick Juliusson,

**Guest:** James Tousignant- Warmland

**On Leave:** Joanna Nielson

1. **Welcome and introductions.**
2. **Adoption of Agenda- Moved/second Approved**
3. **Celebrating Our Cowichan-** Denise Williams – Children and youth programmer for CVRD Island Savings Centre- Denise’s role has changed over the years. Her original role was as the youth outreach worker that was responsible for creating the youth drop in centre that is now visited by many on a daily basis. The centre provides a safe and inclusive place for youth to connect. A series of outreach programming has been implemented over the years with the most successful being the break out recreation program in Crofton, art camps, bite camps and youth leaders in training. Denise reports that some of the largest barriers to youth include transportation as the programs and services offered do not always coincide with bus schedules to get youth to or from the programs. Meeting the needs of the youth where they are at emotionally and physically is an important component of her work. Having an organization that listens to their needs and adapts to the moment is important. Denise also reported that you can have every program in place but motivating the youth to participate is her greatest challenge. Her role has now expanded to include children’s programming as well.
4. **Delegation:** No delegation due to small group presentations
5. **Spotlight Speaker:** No delegation due to small group presentations
6. **Minutes of February 12, 2014 –** data for physical literacy amendedto 200 calories **Approved**
7. **Correspondence**:
8. **Business arising from minutes** –
   1. None
9. **CCHN Committee Reports:**
   1. **Admin Committee-** April 16 Admin Committee postponed- new date will be circulated

**Budget- March Financial Report Approved**

1. **Business Arising from Admin Committee-** 
   1. **Baragar Software-** Members of OCCHN and the Admin Committee Reviewed a presentation by Jason Sandquist at School District 79 in regards to data collecting software that takes the School District, Census and National Household Survey data and overlays it in catchment areas and maps it. The software provides a great visual tool and the ability to look at different neighbourhoods from many perspectives. A letter has been sent to Baragar requesting more information so we can determine if it might be a useful tool for OCCHN to partner with SD79 or others in the community who would benefit from this resource. More information will come back to the OCCHN as it comes available.
   2. **Granting:** no report
   3. **Membership:** Welcome to Victor Nowoselski from Cowichan Tribes Mental Health
2. **Asset Mapping / Data Collection-** no report
3. **Communications:** No report
4. **Website**-
5. **OCCHN Liaisons**
   1. **Collaborative Services Committee** – report to follow
   2. **Attachment and Integration Committee-** Representatives from the attachment and integration committee will be travelling to Calgary for Collective Impact Training. The team will bring the knowledge and leadership back to the community to help tackle some of our most complex health and social issues including mental health. Members include: Melie De Champlain, Cindy Lise, Jennifer Jones, Valorie Nicol, Kathy Easton and Kathleen Sheppard.
6. **New Business:**
   1. **Cowichan District Hospital Site Selection-** There has been no announcement in regards to the site selection for the future hospital. The negotiations are still in progress.
   2. **Innoweave/ BC Healthy Communities Collective Impact Workshops-** May 20 and 21 have been selected for the two Collective Impact workshops. The May 20 will be an evening session for those who are interested in learning more about how to use collective impact as a tool for community collaboration. May 21 is a full day session for initiatives that are already working on complex issues within the communities and are ready for further training on how to move forward. This session has limited space and has a prerequisite session for participation.
   3. **Coroners Recommendations for Sobering and Detox Task Force-** Planning is underway with key stakeholders to prepare for a community session in regards to sobering and detox services in the Cowichan Region. More information will come as it is available
   4. **Small Group Presentations: Chronic Illness and Seniors-**

**Chronic Illness**:

1. **Immediate Difference**

Our Cowichan is a member of the Attachment and Integration working group. This group has 5 areas of focus

* + Mental Health Substance Use # 1 priority using collective impact framework
  + Frail Seniors
  + Complex Chronic Disease
  + Maternal Health
  + Child Youth and Family
  + Our Cowichan is also a member of the Child Youth and Family Mental health and substance use Task force

1. **Short Term Goals:**

* To utilize the Collective Impact Framework as a means to help solve complex social and health issues

1. **Medium Term Goals:**

* Based on the learning from the Mental Health Substance Use working group explore the opportunities to use the same approach with the Collective Impact Framework for Chronic Illness. This would include health promotion

1. **Long Term Goals:**

* Reduce the proportion in the population with medium high complex chronic conditions by promoting health promotion through the 5 modifiable risk factors.
* Reduce the proportion in the population with severe and moderate mental health substance use (depression and anxiety) to below 26.6 (I.H) and lower it at least 2%

1. **What Else Can OCCHN Do?**

* Work alongside and support Island Health, Local Government and FN
* Economic status, health promotion and messaging in target areas
* Host forums or support others to host forums
* Support community capacity by providing grants or writing grants
* Reduce environmental causes via policy development
* Education
* Use OCCHN members to facilitate community integration (connecting the dots)
* Community planning
* Work to understand systems approach as to what are root causes of poverty

**Seniors**

1. **Immediate difference:**

* To compile data and create a profile specifically for seniors to identify gaps not addressed in Cowichan Communities Health Profile. (Significant research has been undertaken in the region- Better at Home, Age Friendly, Hospice Palliative Care, Seniors Care Coop for example)

1. **Short Term Goal:**

* To bring together agencies and partners represented at the Cowichan Seniors Resource Network as well as agencies in Ladysmith and Lake Cowichan serving seniors to review the findings in the Cowichan Communities Health profile and other assembled data

1. **Medium Term Goals:**

* Identify priorities for action to promote the health of seniors for the communities based on the review of data and community consultations
* Reducing impact of chronic illness via health promotion and activities that promote mental and physical wellness.

1. **Long Term Goals:**

* Seniors remain healthy and supported at all stages in their lives and stay at home for as long as possible.
* All citizens who require long term care beds have access to them.
* All citizens requiring hospice and palliative care have access to a bed or the services that meet their needs

1. **What Else Can OCCHN Do?**

* Work alongside and support Seniors Organizations, Island Health, First Nations Health, local government and communities working to improve health outcomes for seniors
* Health promotion messaging in target areas
* Compile research and community knowledge
* Host forums or support those hosting forums
* Support community capacity by providing grants or writing grants
* Policy development
* Education
* Community planning
* Work to understand systems approach and to take action on the root causes of poverty

**NEXT MEETING THURSDAY May 14, 2015 CVRD BOARD ROOM – 6:00 PM- Dinner served at 5:30**

Minutes taken by Cindy Lise