



Communities Health Network

Our Story Today

The Cowichan Communities Health Network:

As the Cowichan Communities Health Network we have an opportunity to make a positive and meaningful contribution to our communities' future. We are committed to enhancing communities' health and well-being and fostering a learning environment focussed on the factors that impact health and well-being. The geographic area includes the Cowichan Region which stretches from the Gulf Islands of Valdes in the East to the Mouth of the Nitinat in the West.... From the Malahat in the South to North Oyster in the North. There are four Municipalities, nine electoral areas, nine First Nations and Métis, local and regional government organizations with a population of approximately 81,000 people.

Vision:

The citizens of the Cowichan communities enjoy good health.

Mission:

The Cowichan Communities Health Network (CCHN) facilitates discussion, and acts as a conduit for information and a catalyst for action on determinants of health.

Who:

We are a group of people who are committed to developing an effective and sustainable community and health system in the Cowichan Communities.

What:

The Health Network provides support to the Cowichan Communities Health through planning, communications and logistics.

When:

We meet on the second Thursday of each month; Members sign up for one or two year terms. Meetings take place in the CVRD Board Room at 175 Ingram Street.

Why:

We are committed to creating healthy communities for generations to come.

How Can I Learn More About Participating In the CCHN?

Contact Cindy Lise the regional facilitator at 250-709-5062 or email at cindylisecchn@shaw.ca
www.cchn.ca