



Health Matters Newsletter September 26 , 2014

Today's Health Matters Includes:

- Meeting Schedules
- Community Meetings and Events
- Our Cowichan Small Grants Available
- Invitation to Celebration
- Elder care- co-operative consultations
- Ministry of Finance Society Act
- PWC Leadership Grant
- Volunteer BC Volunteer Conference
- Information for RCMP Mandatory Fingerprinting
- Parent Child Mother Goose programs



Our Cowichan- Network Member Meetings-

- ✓ **Next Our Cowichan Network Meeting** –**October 9**, CVRD Board Room. Light dinner at 5:30 pm – Meeting starts at 6:00 pm
- ✓ **Next Admin Committee Meeting-** Wednesday October 15, 5:30 pm CVRD Com. Room 2
- ✓ **Next Grant Committee Meeting-** Wednesday October 1, 9 am to 11 am CVRD –Committee Room 1

Upcoming Events/ Workshops/ Community Meetings

- **Elder Care Co-operative Community Consultations-** See information on dates and times listed below in the newsletter
-

Calls for Proposals close Tuesday September 30



Calls for Proposals

Cowichan Valley

Thank you for your interest in contributing to the health of citizens living in the Cowichan Region. Our Cowichan Communities Health Network (OCCHN) is pleased to provide a maximum grant of \$2,000.00 toward eligible projects in the Cowichan Valley. Please read the following information to ensure your proposal meets the funding requirements.

Our Cowichan recognizes the health and well-being of our citizens is impacted by the 12 Key determinants of health within the context of healthy and supportive communities, organizations, families and relationships.

Our Cowichan has the opportunity to make a positive and meaningful contribution to our communities' future. OCCHN is committed to helping all citizens of the Cowichan Communities enjoy good health.

Project focus:

Applications whose priorities for action respond to demonstrated community needs, gaps and priorities and that are evidence based and focus on the determinants of health will be accepted for review.

Application templates are available on our website www.cchn.ca or contact Cindy Lise at cindylisecchn@shaw.ca. Applications will be accepted up to October 1, 2014. Funding announcements will be made by October 15, 2014 or sooner.

- 1 copy must be submitted by email to: cindylisecchn@shaw.ca
- 1 hard copy must be mailed to:

Our Cowichan
PO Box 20106
Duncan BC,
V9L- 5H1



Invitation to Celebration

Many of you know Georg Stratemeyer, the executive director of Volunteer Cowichan. After being a mainstay in our community for 16 years, leading countless community development initiatives and collaborations Georg Stratemeyer is leaving Volunteer Cowichan.

To share memories, to share the funny and the sad times, to celebrate the successes and to acknowledge the transition this brings to us all, I am hosting a Burger and a Beer at the Silver Bridge Travelodge.

Saturday September 27 starting at 5:30.

There will an open mike to share stories.

Tickets are \$25. Contact Rhoda at rhoda.taylor@gmail.com

Let me know if you are coming as I need to give notice to the hotel.

Thanks

Rhoda

Elder Care Co-operative Community Consultations

Cowichan Elder Care Co-operative is inviting all seniors, senior care providers, and interested community members to a series of community consultations. Please come to learn about our plans for a co-op that will help seniors access safe, reliable and fair-priced home services (medical and non-medical), and share your ideas about how the co-op can best serve its members.

Since the first community meeting last fall, federal funding was secured, the "Cowichan Elder Care Co-operative" was legally incorporated, and a feasibility study has been developed. These consultations are the next important step, to make sure that the needs of both seniors and care providers are met in the co-op's plan, which will be presented to all members at the first Annual General Meeting on **October 24, 10:00-11:30** at St John's Anglican Church in Duncan).

The consultation schedule is as follows:

Location	Venue	Date	Time
South Cowichan	The Hub at Cowichan Station	Thurs, Sept.25	1:30-3
Duncan	St. John's Anglican Church	Fri, Sept.26	10:30-12
Chemainus	Mt Benton Golf Club	Fri, Sept.26	2-3:30
Ladysmith	Ladysmith Seniors Centre	Tues, Oct.7	1:30-3
A.G.M.	St. John's Anglican Church	Fri, Oct.24	10-11:30

BC Ministry of Finance Society Act

The Ministry of Finance is currently reviewing the Society Act to modernize and update the statute that provides rules for the incorporation and governance of not-for-profit organizations in B.C. The deadline for feedback is October 15, 2014.

http://www.fin.gov.bc.ca/pld/fcsp/society_act_discussion.htm

PWC Leadership Grant now open

<http://www.pwc.com/ca/en/foundation/leadership-grant.jhtml>

Volunteer BC: Volunteer Futures Conference Sept 25&26 <http://volunteerfutures.org/>

Join leaders in volunteerism, including Board-level volunteers, Managers of Volunteers, and Senior Staff from non-profit organizations. Attendees come from healthcare, culture, social services, sport, education and other grassroots groups. Learn from one another and make connections at Volunteer Futures. The 2-day conference filled with inspiring keynote addresses, practical workshops and plenty of opportunities to network with non-profit colleagues from across BC.

RCMP Mandatory fingerprinting

In BC, as a result of joint advocacy With Volunteer BC, AVRBC and advice to the Ministry of Justice led to a free online Criminal Record Review for all BC volunteers working with vulnerable populations. This has not and will not change.

Members from the Advisory Council for Volunteer Centers attended the National Dialogue on Screening in Ottawa Sept 9th. All in attendance brought forward their thoughts and concerns expressed around this issue from across Canada.

The Conversation included an update on accurate information about proposed changes to the mandatory fingerprinting as part of Vulnerable Sector Checks and the system for electronic fingerprinting. Conversation also included the results of input into the RCMP's consultation process to gather feedback from stakeholder groups.

At the end of the dialogue we understood that nothing will change into the immediate future. (until it does) Thanks to those who completed the survey the results were included and shared at the meeting.

Anne-Marie Koeppen Volunteer

Volunteer Cowichan

1 Kenneth Place, Duncan, BC, V9L 5G3

anne-marie@volunteercowichan.bc.ca or www.volunteercowichan.bc.ca



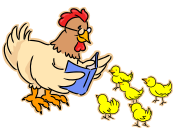
Parent-Child Mother Goose

- **FREE**
- **PLAYFUL, MAGICAL 8-10 week experience for babies, young children, (0-4) and their parents.**
- **Program that enriches parent- child lives and relationships**
- **RHYMES**
- **SONGS**
- **STORY TELLING**
- **Traditional way of play- NO TOYS just parent child interactions**

TO REGISTER CALL
 BONNIE AT
 MARGARET MOSS
 250-709-3050

September - December 2014

Mon	Sept 29 – Nov 24	10:30 – 11:30	South Cowichan Library, Mill Bay	2-4 yrs
Tues	Sept 30 – Nov 25	11:00 – 12:00	Cowichan Lake Library, Cowichan Lake	0-2 yrs
Wed	Oct 1 – Nov 26	9:00 – 10:00	Crofton Community School, Crofton	0-4 yrs
Wed	Oct 1 – Nov 26	10:30 – 11:30	South Cowichan Library, Mill Bay	0-2 yrs
Wed	Oct 1 – Nov 26	10:30 – 11:30	St. Andrew’s Presb. Church, Duncan	2-4 yrs
Thurs	Oct 2 – Nov 27	10:15 – 11:15	Cowichan Library, Duncan	0-2 yrs





Gathering of Changemakers There is a better way

Social Policy Framework: What are the possibilities for the Cowichan region?

When: Tuesday, October 21, 2014
5:30 pm - 8:30 pm

Where: Clements Centre 5852 Clements St. Duncan BC

Who should attend: board directors of community based social services, executive directors, local government officials, local business people, service club members, other grassroots groups

Join the panel and participate in a discussion of how a social policy framework provides a road map to guide decision making, set future direction, identify important connections and align how complex social issues are addressed and what a road map would mean for the Cowichan region.
Panelists: Jennifer Jones, community member; Cathy Robertson ED Community Futures - Cowichan
Dr. Paul Hasselback - Central Vancouver Island Health Officer; Michelle Staples - City of Duncan Councillor

Space is limited. To register call Victoria at Clements Centre: 250-746-4125 local 228
Cost: \$15 includes meal. You are encouraged to prepay by telephone or in person (Clements Centre 5856 Clements St. Duncan)

Sponsored by Board Meets Board
A community initiative of Board Voice Society of BC
www.boardvoice.ca

For information on Social Policy Framework:
<http://boardvoice.ca/public/category/social-policy-framework/>

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

Health Matters Newsletter