



Health Matters Newsletter October 10, 2014

Today's Health Matters Includes:

- Meeting Schedules
- Community Meetings and Events
- Elder care- co-operative consultations
- Wendy's House is now Open
- Gathering of Changemakers
- Attached- Day of Community Services



Have you ever tried kayaking in our local waters? You might be delighted with who comes to say hello!

Our Cowichan- Network Member Meetings-

- ✓ **Next Our Cowichan Network Meeting –October 9**, CVRD Board Room. Light dinner at 5:30 pm – Meeting starts at 6:00 pm
- ✓ **Next Admin Committee Meeting-** Wednesday October 15, 5:30 pm CVRD Com. Room 2
- ✓ **Next Grant Committee Meeting-** Thursday October 16, 9 am to 10:30 am Island Savings Centre Arbutus Room

Upcoming Events/ Workshops/ Community Meetings

- **Day of Community Services for those facing housing challenges-** Wed Oct 15 Duncan United Church 10 am to 3 pm (see attached posters)
- **Elder Care Co-operative Community Consultations-** See information on dates and times listed below in the newsletter

Elder Care Co-operative Community Consultations

Cowichan Elder Care Co-operative is inviting all seniors, senior care providers, and interested community members to a series of community consultations. Please come to learn about our plans for a co-op that will help seniors access safe, reliable and fair-priced home services (medical and non-medical), and share your ideas about how the co-op can best serve its members.

Since the first community meeting last fall, federal funding was secured, the "Cowichan Elder Care Co-operative" was legally incorporated, and a feasibility study has been developed. These consultations are the next important step, to make sure that the needs of both seniors and care providers are met in the co-op's plan, which will be presented to all members at the first Annual General Meeting on **October 24, 10:00-11:30** at St John's Anglican Church in Duncan).

The consultation schedule is as follows:

Location	Venue	Date	Time
South Cowichan	The Hub at Cowichan Station	Thurs, Sept.25	1:30-3
Duncan	St. John's Anglican Church	Fri, Sept.26	10:30-12
Chemainus	Mt Benton Golf Club	Fri, Sept.26	2-3:30
Ladysmith	Ladysmith Seniors Centre	Tues, Oct.7	1:30-3
A.G.M.	St. John's Anglican Church	Fri, Oct.24	10-11:30

Wendy's House is now open.

Here is a little peek inside.

Monday to Thursday from 10:30 to 2:30 pm





Gathering of Changemakers There is a better way

Social Policy Framework: What are the possibilities for the Cowichan region?

When: Tuesday, October 21, 2014
5:30 pm - 8:30 pm

Where: Clements Centre 5852 Clements St. Duncan BC

Who should attend: board directors of community based social services, executive directors, local government officials, local business people, service club members, other grassroots groups

Join the panel and participate in a discussion of how a social policy framework provides a road map to guide decision making, set future direction, identify important connections and align how complex social issues are addressed and what a road map would mean for the Cowichan region.

Panelists: Jennifer Jones, community member; Cathy Robertson ED Community Futures: Cowichan; Dr. Paul Hasselback - Central Vancouver Island Health Officer; Michelle Staples - City of Duncan Councillor

Space is limited. To register call Victoria at Clements Centre: 250-746-4135 local 228

Cost: \$15 includes meal. You are encouraged to prepay by telephone or in person (Clements Centre 5856 Clements St. Duncan)

Sponsored by Board Meets Board
A community initiative of Board Voice Society of BC
www.boardvoice.ca

For information on Social Policy Framework:
<http://boardvoice.ca/public/category/social-policy-framework/>

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

Health Matters Newsletter