



## Health Matters Newsletter

August 29, 2014

### Today's Health Matters Includes:



- Meeting Schedules
- Community Meetings and Events
- Our Cowichan Small Grants Available
- Charity Village Webinar
- New Walk in Clinic Comes to Duncan
- United Way Public Policy Institute Applications now Open
- Poverty Reduction Speaker Series

### August in the mist

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#### Our Cowichan- Network Member Meetings-

- ✓ **Next Our Cowichan Network Meeting** - **September 11**, CVRD Board Room. Light dinner at 5:30 pm – Meeting starts at 6:00 pm
  - ✓ **Next Admin Committee Meeting**- Wednesday September 17, 5:30 pm CVRD Committee Room 2
  - ✓ **Next Grant Committee Meeting**- Wednesday October 1, 9 am to 11 am CVRD – Room to be announced
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#### Upcoming Events/ Workshops/ Community Meetings

- **Volunteer BC: Volunteer Futures Conference Sept 25&26** <http://volunteerfutures.org/> Join leaders in volunteerism, including Board-level volunteers, Managers of Volunteers, and Senior Staff from non-profit organizations. Attendees come from healthcare, culture, social services, sport, education and other grassroots groups. Learn from one another and make connections at Volunteer Futures. The 2-day conference filled with inspiring keynote addresses, practical workshops and plenty of opportunities to network with non-profit colleagues from across BC.
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## Calls for Proposals

### Cowichan Valley

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Thank you for your interest in contributing to the health of citizens living in the Cowichan Region. Our Cowichan Communities Health Network (OCCHN) is pleased to provide a maximum grant of \$2,000.00 toward eligible projects in the Cowichan Valley. Please read the following information to ensure your proposal meets the funding requirements.

Our Cowichan recognizes the health and well-being of our citizens is impacted by the 12 Key determinants of health within the context of healthy and supportive communities, organizations, families and relationships.

Our Cowichan has the opportunity to make a positive and meaningful contribution to our communities' future. OCCHN is committed to helping all citizens of the Cowichan Communities enjoy good health.

#### **Project focus:**

Applications whose priorities for action respond to demonstrated community needs, gaps and priorities and that are evidence based and focus on the determinants of health will be accepted for review.

Application templates are available on our website [www.cchn.ca](http://www.cchn.ca) or contact Cindy Lise at [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca). Applications will be accepted up to October 1, 2014. Funding announcements will be made by October 15, 2014 or sooner.

- 1 copy must be submitted by email to: [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca)
- 1 hard copy must be mailed to:

Our Cowichan  
PO Box 20106  
Duncan BC,  
V9L- 5H1



## Charity Village Upcoming Webinar Sept 25

<https://charityvillage.com/elearning/webinars.aspx>

Discipline and Dismissal: Making the best of a difficult situation We appreciate our employees and volunteers and we value their contribution to our organization. But sometimes, the fit between organization and employee or volunteer just isn't there and changes need to be made. Join CharityVillage and presenter Denise Lloyd, MA, CHRP, as we explore the three phases of the discipline process, as well as how and when to make the decision to end the relationship. By the end of the session, you will be equipped with new insights, tools and resources that you can easily implement to make the best of these difficult situations.

Date: Thursday, September 25 at 10am PST / 1pm EST Skill Level: Introductory - Great for hiring managers who are not HR specialists as well as volunteer managers. Please feel free to share this invitation with any nonprofit professionals at your organization who might be interested in learning more on this topic.

Cost: Free - Space is limited

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## New Walk in Clinic in Duncan

<http://www.health-local.com/biz/walk-in-clinics/duncan/british-columbia/primacy-cowichan-way-clinic/>

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## APPLICATION PERIOD IS OPEN FOR THE 2015 [UNITED WAY PUBLIC POLICY INSTITUTE](#)

**Are you a changemaker and want to help strengthen your organization's capacity to advance social change?** Organizations applying to attend this training program must be from the non-profit sector, active in the areas of social or health-related services and interested in affecting public policy change in those areas. Enrollment is open to organizations from all regions of the province.

This program is specifically designed to help non-profit leaders and their organizations increase their knowledge of the public policy process and their capacity to influence it. Monthly two-day sessions will be delivered over a six month period; from January to June 2015. A dedicated and very experienced cohort, the opportunity for shared learning as part of a small cohort of 25 sector leaders and an applied learning approach with a manageable course calendar make this a unique capacity building opportunity.

United Way starts accepting applications on Aug 13, 2014 and the deadline to apply is Oct 10, 2014. For more information please visit the program webpage at <http://www.uwlm.ca/public-policy-institute>. To obtain an application form, please contact **Yves Trudel** at:

Yves Trudel

Planner, Strategic Priorities, Stronger Communities

[yvest@uwlm.ca](mailto:yvest@uwlm.ca)

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**United Way** of the Lower Mainland

Change starts here.

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## **Poverty Reduction Speakers Series**

You might be interested in the webinar presentation on poverty reduction described on the poster <http://bcpovertyreduction.ca/speakerseries/>.

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Do you have a resource, event or information you would like to share?

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the weekly

**Health Matters Newsletter**