



## Health Matters Newsletter May 15, 2015

### Today's Health Matters Includes:

- Meeting Schedules
- Community Meetings and Events
- Cowichan Housing Association May Events
- Our Cowichan- Collective Impact Training- Collaboration for Greater Impact – registration form
- It's Complicated Untangling our Social Policy Framework- workshop

**Avetar Grove in Port Renfrew- without a doubt is worth the drive to visit these spectacular gnarly giants!**



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#### Our Cowichan- Network Member Meetings-

- ✓ **Next Our Cowichan Network Meeting June 11, 2015**, CVRD Board Room. Light dinner at 5:30 pm Meeting starts at 6:00 pm
- ✓ **Next Admin Committee Meeting- June 17, 5:30 pm CVRD Committee Room 2**

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#### Workshops and Events

- **Collaboration for Greater Impact:** New Tools and Approaches to Address Complex Community Issues- **FREE** Wednesday, May 20, 2015-7:00 - 9:00 pm (Doors open 6:30) Island Savings Centre Somenos Room (Second Floor)2687 James St., Duncan, BC- see registration below.
- **Physical Literacy – From Research to Practice-** an overview of physical literacy and its related initiatives, training programs and resources- Thursday May 21, 6:30 pm to 9:30 pm or Friday May 22 8:30 am to 11:30 am Registration fee \$20 by May 15 or \$30 after May 15.
- **Physical Literacy:** Enriched Programming- Learn how to incorporate physical literacy enriched activities into a variety of outdoor and indoor settings. Friday May 22, 12:15 pm to 3:15 pm. Registration fee \$20 by May 15 or \$30 after May 15.

**Sign up for both sessions and save-** Fee includes lunch- 2 sessions \$30 by May 15 or \$50 after May 15. [Register by phone at Island Savings 250-748-7529](tel:250-748-7529)

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## Cowichan Housing Association

### May 2015 Upcoming Housing Events you won't want to miss

- ✓ **Cowichan Housing Association Logo Design Competition** – The newly incorporated Cowichan Housing Association wants to hear your ideas. We are looking for a new logo that captures the essence of the work we do. We are inviting submissions for a friendly design competition. For more information see our webpage at: <http://www.socialplanningcowichan.org/affordable-housing.html>
- ✓ **Workshop on Financing Options for Affordable Housing** – Please join us Thursday, May 21 from 9:30 to noon, Island Savings Centre, Mesachie Room. Presentations from Canada Mortgage and Housing and BC Housing on funding programs to support development of local housing projects. Presentations on local housing initiatives. Please RSVP to Joy – [joy.cowichanhousing@gmail.com](mailto:joy.cowichanhousing@gmail.com).
- ✓ **Next Meeting of the Regional Affordable Housing Directorate** - Mark your calendar and please join us for the next meeting of RAHD – Thursday, May 28 – 7:00 to 9:00 pm. Island Savings Centre, Mesachie Room. Presentation and updates on the **Housing Trust Fund**, plus viewing of the logo design entries and updates on all of our work.
- ✓ **Walk of Nations** – Saturday, May 30, 2015. We will be walking under (or behind) the banner of - *Housing and All*. More details to come.



2687 James St., Duncan, BC

### JOIN US FOR A PUBLIC TALK AND COMMUNITY CONVERSATION

***Collaboration for Greater  
Impact: New Tools and  
Approaches to Address  
Complex Community Issues***

Wednesday, May 20, 2015  
7:00 - 9:00 pm (Doors open 6:30)  
Island Savings Centre  
- Somenos Room (Second Floor)

**CLICK HERE TO REGISTER**

Building healthy, resilient, vibrant communities – where people, places, and the planet can thrive – is something many of us aspire towards. Yet faced with growing challenges in our communities – from affordable housing, to food security, to childhood obesity – we can sometimes feel overwhelmed and like we are not gaining traction on addressing these and other increasingly complex issues. This is especially so in the bigger context of global challenges, such as climate change, growing inequality and the increasing prevalence of chronic health conditions, to name a few.

However, hopeful new approaches exist in a growing movement of new knowledge, methods, and tools for a very different way of working on these complex issues. There is a growing recognition that innovative solutions require collaboration across multiple sectors and a change in our ways of thinking, working, and acting together in order to move from siloed approaches to systems change.

**Join us for an evening of conversation and exploration to:**

- **HEAR ABOUT** inspiring examples of communities who are working in new ways to move the needle on issues that matter;
- **EXPLORE** different approaches to building collaboration across sectors for greater impact;
- **LEARN** about Collective Impact, how it is different from other forms of collaboration, and the pre-conditions necessary to support this approach;
- **DIALOGUE** with others about opportunities to build greater collaboration and impact in the Cowichan Valley.

**PRE-REGISTRATION REQUIRED. CLICK HERE TO REGISTER.**

For questions, please contact Cindy Lise at [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) or 250-709-5062.

Hosted by:



Presented by:



On behalf of:





# It's Complicated!

## Untangling our social policy framework.

We all want to live in a community that is the best it can be but tackling the challenges that are facing our community can be overwhelming. Building a strong economy without sacrificing our environment, supporting seniors without leaving our young people behind – how do we balance all of our different and competing priorities?

Join us on May 22 in a community conversation to begin to build a social vision for our community.

Hosted by Social Planning Cowichan, Safer Futures Cowichan and the Board Voice Society of BC.

**When:** May 22, 2015, 9:30 am to 3:30 pm

**Where:** Silver Bridge Travelodge, TransCanada Highway, Duncan

**Topics will include:**

- an overview of social policy
- the effects of complexity on creating social policy
- why we should consider complexity in our decision making
- how complex issues such as poverty and climate change impact our community
- aligning existing policy lenses to support more efficient decision making
- developing a road map to create a social policy framework for our community

Lunch will be provided.

Please join us on May 22 and spread the word by forwarding this invitation to your network.

RSVP by May 20, 2015 at:

<http://www.socialplanningcowichan.org/events-and-workshops.html>

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Do you have a resource, event or information you would like to share?

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the weekly

**Health Matters Newsletter**