

**Health Matters**

**March 14, 2014**

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Although some think I work alone... I really do have a great office assistant! Hudson is not good at proofing and editing but he is very good at reminding me when it is lunch time.

**Today’s Check up Includes:**

* Meeting Schedules
* Community meetings and Events
* Attached invitation to Community Consultations

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**Our Cowichan- Network Member Meetings-**

* **Next Admin Committee Meeting-** Wednesday March 19, 5;30 pm CVRD committee room 2
* **Asset Mapping and Research Committee Meeting** –Wednesday March 19, 3:00 pm Room 213 CVRD
* **Next Our Cowichan Network Meeting –**Thursday April10, CVRD Board Room. Light dinner at 5:30 pm – Meeting starts at 6:00 pm

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**Upcoming Events/ Workshops/ Community Meetings**

* **Community Forums re: Communities Profile and Asset Mapping project**

***Please forward the attached invitation to all colleagues in the Cowichan Region***

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| If this email does not display properly, please view our [online version](http://www.interprofessional.ubc.ca/2014ConsensusConference/registration%20e-message.htm). |
| **Early-bird Deadline: March 17, 2014** |
| Today’s Children & Youth, Tomorrow’s Families  2014 Youth and Family Consensus Conference  May 2 - 3, 2014 | The Coast Plaza Hotel & Suites | Vancouver, BC |
| **Partners** |
| **View the conference webpage to:**   * [Register](http://www.interprofessional.ubc.ca/2014ConsensusConference/registration.asp) for the conference * [View](http://www.interprofessional.ubc.ca/2014ConsensusConference/Program.pdf) preliminary program schedule * [Book](http://interprofessional.ubc.ca/2014ConsensusConference/location.asp) accommodation * [Learn](http://interprofessional.ubc.ca/2014ConsensusConference/default.asp) about conference updates and more |
| **Registration**  Early-bird registration deadline is March 17, 2014. Register [ONLINE](http://dentv-events.dentistry.ubc.ca/getdemo.ei?id=225&s=_3LG0L2TGZ) before this date and save! |
| **Conference Description**  The purpose of this conference is to bring together youth and families with researchers, policymakers, service providers and educators to share knowledge and experiences about practices that best meet the needs of people living with mental health and/or substance use challenges. The conference will focus on what youth and families need from each other, their communities and service systems to flourish today and in future generations.  The primary aim of the conference is to develop consensus statements on practices that support child and youth mental health within the context of the family, while acknowledging the unique needs and rights of young people. We want to know what evidence resonates with youth and families. What is their experience of promising practice and how can we engage youth and families to help define “family smart” practice within the service systems that touch our lives?  FamilySmart™ is a values-based approach to listening, understanding and responding to the mental health needs of individual family members and whole families. Conceived by the Institute of Families, it is a philosophy, practice and endorsement all rolled into one. FamilySmart™ is intended to help families, and those working with them in communities and across systems, to identify and act upon what is meaningful and what works to improve the mental health of infants, children, youth, parents and whole families. Through this conference we hope to further define and refine FamilySmart™. |
| **Conference Hotel**  The Coast Plaza Hotel and Suites, 1763 Comox St, Vancouver, BC  A special rate of $139/night has been set aside for conference participants until **April 11, 2014**. Reserve your accommodation today by contacting the hotel toll-free: 1-800-663-1144. Please specify that you are booking under the 2014 Consensus Conference room block to receive reduced rates. |
| **Contact Information**  Melissa Lafrance  UBC Interprofessional Continuing Education  Phone: +1.604.822.7708  Email: [melissa.ipce@ubc.ca](mailto:melissa.ipce@ubc.ca)  Website: Interprofessional.ubc.ca |

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| |  | | --- | | Coming to Winnipeg, Spring 2014 [ecibanner](http://events.tamarackcommunity.org/email/v1/click?v=3&e=f18dQhb0S65L6XvnqxW12NpjH11hqxtW4fb7t781n7twW2rBv0f1GF10DW63mzYY21YyfmW91DSJm89HLyMW4lHSqd46VDLqV2W7sZ710N3wW699jml7y_KkpW7sfJxB930S2XW8W6BfK5LsHNzW2H3Rp.1bdGYRMT3nqlbWp8FW6y_5DB7KnVR4W56k.Vq2W027XVv6nXl6l8h6xW6_zLS432qW5fW1mFtP75BkXpjVjl8Qw4rZfz.W4dQ_Nz31h0R8W5Fxfxv7wVVVcN3BWgtML36BbW2Y1QTF4qDWL1W73GPWD4NBSq7W3ZhCJd8qlnH.W7hf6WH5ybG7MW7rxJPm86_4K1VsVtYp4y_b9yW43sF142bPS6TW5y2RQ02fBLFLW58ZdGR1X.mqjW7QlyZt2TkThSW9bqDFj3NQdJqW5rsC_k26NhhkW1ZGw7k5RBjhSW3613bx13bCndf8b0q.k11)Gain a deeper understanding and appreciation of the dynamic nature of community change through [Evaluating Community Impact](http://events.tamarackcommunity.org/email/v1/click?v=3&e=f18dQhb0S7wF6SzZj4VMvKkK79P0txVVyBFn2L3qHYW2V0CGq4J6VGKW1wZmqR6P6xPxW79kC4w1HBVx0W3kXMqs3M.l2GW3xcJ3c4nPcKgW3p2Tsq9m4DnSW3P.ky73V224mW3FjWPp1K6_BPW6FyZC22qYjnlW64cGwl1Hn.X4W6CyxBN8nSGpCW6BWrQR4MpDyFW6bvl2r8GYfSvW8n4WN22nkJj9MXTv20703L4W8m0zH18MFFyDW5jcZQC33_fyKTDkmH715JhgVNZ3HK1Pdzs8W6jTT_P2_9fvsW1XqLm_7TsmSSN7syxSwj2vNPW8_rPYD764.m1W3VCzrT8dXB6BW7g1Yl98_NPW2W1gTNNl2Pdy8hW8y38Dq1CWGjlW1_tKMy1YMZkKW3yvgm568678PW8d3VV02B1LQTW1jvgtj5lLGxcW5cWzQ31NB3__W3qmHhw612GBYW2GLD267Q4h.mW4rG_NS2QyHK1W5bb6F02wBC7pVw9S1_1xLLfQW57852R7yv8V4W2SB0615wr0yZVGfmzG7mRn57W3JFw_264R82WVW_03V5bMk8WW8nHsrw9gZZpcW7vLhNl6lknGSf7fmPh911), Tamarack's popular three-day interactive learning event coming to **Winnipeg, MB,**  **May 13-15, 2014**.  ECI is designed specifically for leaders who want to discover how to capture, understand and measure community outcomes, and the impact of change initiatives on communities. Co-led by Liz Weaver and Mark Cabaj, this workshop will provide participants with the tools and processes that will enhance their community change efforts. **Participants will have the opportunity to:**  * Identify the dynamics and patterns of community change * Strengthen your understanding and appetite for evaluation * Explore a variety of evaluation approaches and tools appropriate for community change  **This workshop is designed for those who:**  * Desire new ways to evaluate change their communities * Are involved in efforts to 'move the needle' on homelessness, poverty, health, environmental sustainability, immigration, early childhood development issues, and other elements of a healthy community * Provide leadership and support to evaluation efforts and want to increase knowledge, skills and capacity   This event hosted in Calgary in 2013 was oversubscribed so early registration is encouraged. [Register now](http://events.tamarackcommunity.org/email/v1/click?v=3&e=f18dQhb0S7wF6SRh_6VMvKHH2wdhgGW1tf38f3Rq2KxW1V2B7V19FGCbW7vMkgw5k0nq7W2bzyZv7hC92XW5.7Srx8VJgkmW5FP1Ht8w3mNBN4nPjjc9H.GRW4nMXFT8X9_j0W8yd28L2khFlXW8Zffjk9h6F89W5XtvzB3rg0m3W3kXd9S5tnXx7W9cz.Fk6fpDNNW8mB2KX6L4XYsW1YMBgd5D8N87W369Vtv2y.B_gW1TRSNY2_.cTsW5k9QJw58wZByN8LzxGbFQLF6W1l8MMY1QNQ2.W3JyplF3zsgcsW6X6_Ps5n7rXMW92Xz3v4NF5HsW9lP01x4R8m0hW4Fd1rk1_rvYvN3jlvGLQYxTnN1h91JYJLMFmVj9kWP1vnW2qW7vV_BR45_q3qN7Hr4jlYQHxQV4Klgj8P2zltW1d2nqk34lmblW2XHwVY6LxzhcW4bfFX_34tklvW3gsGgw5Pq2nHW20w_s46gXSKkW5byH_x8Q1wflW5VV19S8RBT0KW4FBr9m8Hf1cvW3B_m6Z8wb0BRW567rMz1QR7RbW4QsXkb2fB05XW7hq13T5yvkhvW5Tgz3X7LLX3mW6yk9237d2Y6ZW2DXtrl5shKHGW23sKmZ8xNtglW7J3zBW9jkhP7W65Mfkv64GlTDW3Y7Z4F5ss8QlW3W6p0J4Ft6YBW5y7bkX8ywpXpW5nxKyt8TMZ2b102)  [Event Webpage](http://events.tamarackcommunity.org/email/v1/click?v=3&e=f18dQhb0S65L6_rtqWVM_rMR11hqxtW4fb7t781vJtZW4V8D_11H2X8CW7_kgwP5PtJ1DW2dPlGn6YC9SjW4lHSqd46VDLqV2W7sZ710N3wW699g3_9ccdJKW6.Kqvv4BDkPrW2cfjcj1GpkKJN4FccpWPZJ2yVtwGRp7HmK8TW2Jq7mV7YTYrmW1fttGl2l.w9zW3NXTHW3.r4PzW6GMg6W6Sh2mPN69Z2XwYbm.FW1cqt.r2kqlmFW1.fJ3s1kyqHZW6GPNg15vWGpnW4VPJ_08Fb3SFW2NDZGY2vRlJcW5B1VDf2rk8gFW1MS6Fq1nqgGDN2pFc9B966jdW5L_fp13MYw5wN1YcQHKfpLJ3W4b5w0d7bhN0ZW6xGQLF7fpjV1W80XwSZ6Mp9FnW1s32Fm76mKyGW2hzKB34dc9fTW5rF_dt5sn06HTlccX6ZmpKHW80XMSX8tYrWzf47j8tQ02)  |  [Learning Agenda](http://events.tamarackcommunity.org/email/v1/click?v=3&e=f18dQhb0S65L2Rwb1vVWn_pg3mCCPsW62F7hz8x51VyVCpMxS3_nPXYW3Yr2Nv4hdQ0LW5D5Yjq5ZttScVhGK.v6MYYG4W72hF8V8b0FGlW7P6TDY6.vj3tW7sfJxB930S2XW8W6SjX2cKXW5N2Vkl8ptM9JzW4mtKXW247B8qW7kT_wz79KF0.W2qrwnx5p1HsvW50bcS.570Z1nW1ZRq5D6Rw.gJW4_GcPl1z0z_0W78glfB2lthZgW5dxyTb77ZHpPVcxCfm32DW56W6h66sG2pB66ZW5c0R.Q354MRlW61MPjJ8Dz.kcW5Sgshf4Fz.WtW7Jq.qf2dChHPVWhjpr428NR1W7S5XQG6q.2vJW7MvQl_7lsySdW6BJqWQ7nwnnPW6FRCjs6mPKj.W4fgPtw272S3dW7dvfH16M865NN5x_CrKKN4VtW38dTkF3vYmvKW9l57641vD9nmW8tzQw554rdWW111)  |  [Cost & Logistics](http://events.tamarackcommunity.org/email/v1/click?v=3&e=f18dQhb0S65L2nThQ2MMvLlwKGhCPW56QM7F3Qh0VGW3jKtd.5h60WlW5SLqkC4rc7QLW2FTm6v3MLY7MW8GK_PW1Qzb6kW6VYbd75QdfGFW3rdrR78VsKwnW8Dffdb7MdrqqW74HL5z34DvGRW6yd6rM2K4Cq0W4HZn._7DxJ4jVMMMjv2rvqQLVXwJny465ycRW1j6zq252z6hqW1m.24J8nR_NCW9717Pw1B1YjFW2ywvFJ24LhfbV15Yd03x3h2pW8VB4KP3VDvzMW3WqLf98Clw3XW50VqS.3X1ftdW38K_k01PB6pTW2cL0Dp54vPp8W1S6prx4s4wwjW87Wt1x7W6pQ5W5C4Dqf21bxhYW39kv4Y7W2q2_W1KpLRb7zVC6hW6YtpNV4pB39mW4RZkYL1T6WvjW3DLvPS6Zsf5xW1jdjRH1g9BFMW1qGc_12qWY92W5476WV5dp7Q5N87YCz6bvM4Gf6b1yNg03)  | [Faculty](http://events.tamarackcommunity.org/email/v1/click?v=3&e=f18dQhb0S65L2Rwb1vVWn_pg3mCCPsW62F7hz6BMzCPW1f6p4h2rz8WjW6sGHQ94zBt0vW3DLz0h5CJqG5N6nNYyND3mBNW8NzlJL4qN11gW8k7DVt4.gNdvW3sc4S05Sbg0zW92zQbb62JhkCW5tBqF.6xsVN1VdgWNF4cfQG.W1BKzgC1kz0J6MKvmlgfBNCHW1Tvn9h61sm81N22_PPpQtF.hW6V8YHC3grJCNW5mrNFM6RdJgdV6_WPH65_p5lW9ff9Qf6Dl0RzW6XJTrd7KGRTHW30PHbq43MsvzW3Sj5Xc4DkLFHW80Q2nv1k5vWwW81x4QV4rcZLVW6VLcmh4PqXJyW48q8pV6xfFtPW7DTLv37Gp2wWW83tKps9g0fMLW57gHs02CsQtkW7gSvgl7Yh_HmW8ksNKj48mDbLW8LRN9415N08jW63rVZ51mxf9PVD7b.7446cyQW3MYTPp93mTrxd1876X02)  ECI is also being presented in **Halifax, NS, June 2-4**. [Register here](http://events.tamarackcommunity.org/email/v1/click?v=3&e=f18dQhb0S7wF6SQ_29VMvKHH2wdhgGW1tfbJP1XQd3FN3mJB_ZJjdZ6W1phyQc3Vz3_1W8BWS2N8.lQgZVWDWPt4vYBjzW87113l66MYxkVbyGK07CF6M7W9k29fk2ldVB3W7nlxwf4G2znKW8C9vP79dTLDnW6NrGfH1kT35yV_0Kqr3pjByYW1nBJCq2tWXGzN6C6_Xn3lQJ.W1dmCtD3.mTsTMzGWgY3Sp4WW5qBKVN5v4TlfW4flQ297cLLhDW6Mcb921zDLrKW1wswF9627PHDW1VGVtb5FZ4fYN2PW5sDKJ30MW1nt6gy9k7hvnW7CWM8q2.z3_JW8MXMhG5VRXBdW2vmx.461MTWCV5.PT67fkbZGW7W_v391yvpRDW64BqGB2.VNCpVmYQxg1F9.pTN2pQs3LT5gV0W4Hd8XK4D.94yN8pnB0NNFMbzW412Bfp2sZdxqW6zgTfK3SF9c9VPHsLr22h_tCW7zp28q4zPxm1W2hDHWV410FLCW24GJM68z7q58W14xWyv1ThlQzW6g2C.T24bdxfW92Ht3J6Ty80cW86gkrV2ylDxPW29DdnV3s9JtvW4ZCR0k8f02WwVqHGgq4Fw7QYW2VDpy36XGPRLW4n0LCW4Cxf6VW3xnNZn4TxQw6W1NrzTt2ZGHHFW4vxSHc1LGzPbW35b6sZ7bYPl3f8MXtbb02). | |
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Do you have a resource, event or information you would like to share?

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the weekly Health Matters Newsletter