

**CHECK UP**

June 21, 2013

**Happy First Day of Summer!**  Now is the time to plan all of the things that you want to do this summer... before you know it I will be saying Happy first day of fall!

**Today’s Check up Includes:**

* Meeting Schedules
* Community meetings and events
* The Canadian Facts on the Social Determinants of Health – You Tube Clip and PDF
* New poverty reduction plan in Canada- Attention BC
* Seven Nastiest things in your Supermarket
* More Summer Fun

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**CCHN Network Member Meetings-**

**CCHN Network Tele meeting Monday June 24th – 8:00 pm call in numbers sent via email**

**Asset Mapping and Research Committee Meeting** June 28th 12:00 pm Committee Room 1



**Upcoming Events/ Workshops/ Community Meetings**



**The Canadian Facts on the Social Determinants of Health-**

* You Tube clip
* Social Determinants of Health – The Canadian Facts

### [**Social Determinants of Health: The Canadian Facts** - YouTube](http://www.youtube.com/watch?v=GMw_7AWEg4A)

[► 3:59► 3:59](http://www.youtube.com/watch?v=GMw_7AWEg4A)

www.youtube.com/watch?v=GMw\_7AWEg4A

Aug 6, 2011 - Uploaded by TheCanadianFacts

http://www.thecanadianfacts.org/ Social Determinants of Health: The Canadian Facts by Juha Mikkonen and Dr Dennis Raphael

### [Download **Social Determinants Of Health The Canadian Facts** PDF](http://www.google.ca/url?sa=t&rct=j&q=social%20determinants%20of%20health%20the%20canadian%20facts&source=web&cd=2&cad=rja&ved=0CDoQFjAB&url=http%3A%2F%2Fwww.thecanadianfacts.org%2FThe_Canadian_Facts.pdf&ei=ZYvAUZOcG9LRiALjhIBg&usg=AFQjCNGUL2QQyRqwDa-8d9vyfgyydNhsSQ)

www.the**canadianfacts**.org/The\_**Canadian**\_**Facts**.pdf‎



**New Poverty Reduction Strategies in Canada – Attention BC!**

**Nunavut passes Collaboration for Poverty Reduction Act**

On May 15, after "almost three years of public engagement involving communities, Inuit organizations, the private sector and government, the Nunavut Legislative Assembly passed Bill 59 – the Collaboration for Poverty Reduction Act – a groundbreaking approach to inclusive policy development for poverty reduction."

As well as legislating poverty reduction, which, as Premier Eva Aariak says, recognizes that "the work we need to do to reduce poverty extends beyond the term of any one government," this Act includes many other features we're calling for in a poverty reduction plan for BC: targets and timelines, a lead Minister, accountability, and community consultation. In particular, dialogue and engagement are at the heart of this inclusive approach.

More information in the [official press release](http://cts.vresp.com/c/?FirstCallBCChildandY/3a478518dc/321050fb30/dc2a7fbbe8/utm_source=BC+Poverty+Reduction+Open+Letter+Endorsers&utm_campaign=68dccc3a5b-BCPRC_Update_June_14_2013_All_Endorsers6_14_2013&utm_medium=email&utm_te) and news feature, ["Looking for a better way to govern? Look north."](http://cts.vresp.com/c/?FirstCallBCChildandY/3a478518dc/321050fb30/fef2a8f565/utm_source=BC+Poverty+Reduction+Open+Letter+Endorsers&utm_campaign=68dccc3a5b-BCPRC_Update_June_14_2013_All_Endorsers6_14_2013&utm_medium=email&utm_term=0_17764b728b-68dccc3a)

**Calgary Endorses Poverty Reduction Strategy**

On May 27, Calgary City Council unanimously endorsed a poverty reduction strategic plan that aims to reduce the number of people living in poverty in Calgary by half, to a poverty rate of 5%, in 10 years.

The Calgary Poverty Reduction Initiative "hope to meet their goals by acknowledging that everyone is vulnerable to poverty and by reducing that vulnerability by supporting strong and inclusive communities, raising the quality of employment, and ensuring basic needs are met." [More from PovNet](http://cts.vresp.com/c/?FirstCallBCChildandY/3a478518dc/321050fb30/2cb56ca480/utm_source=BC+Poverty+Reduction+Open+Letter+Endorsers&utm_campaign=68dccc3a5b-BCPRC_Update_June_14_2013_All_Endorsers6_14_2013&utm_medium=email&utm_term=0_17764b728b-68dccc3a5b-31547740), including media coverage.

Thanks to the BC Poverty Reduction Coalition for bringing this to our attention



Seven of the Nastiest things Lurking in your Supermarket.. ( American but worth learning about)....

[**The 7 Nastiest Things Lurking In Your Supermarket**](http://clicks.aweber.com/y/ct/?l=J50Jo&m=3iwnesXHVKcPsif&b=5u67fJJw5gJYRpcTpeDzGw)So often, dubious food labelling regulations mean that many toxic ingredients are either not declared or listed under other names on product labels. Discover 7 of the worst supermarket nasties that you might not even know you're consuming.



**More Summer Fun**

Monday1st July

**12:00 pm — 6:00 pm Beach Party**

The entire train station parking lot covered in sand and hosting our annual Beach Volleython Tournament plus music by Tropic Mayham

Fun Fitness Music Train Station Parking Lot

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

Tuesday2nd July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

Wednesday3rd July

**10:30 am — 11:30 am Yoga in the Park**

Take some time out of your day to re-balance -Fitness Charles Hoey Park

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

**6:00 pm — 9:00 pm Big River Johnny Cash Tribute / Ryan McMahon**

Great music in venues around the downtown area, with fashion shows during band changeovers and more!

Wednesday Night Walkabouts City Square

Thursday4th July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

**7:00 pm — 9:00 pm Yoga in the Square**

Rebalance and recentre with our fantastic Yoga in the Square events

Fitness City Square

Friday5th July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

Saturday6th July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

Sunday7th July

**10:30 am — 11:30 am Yoga in the Park**

Take some time out of your day to re-balance

Fitness Charles Hoey Park

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

**12:00 pm — 5:00 pm Children’s Day**

A great day for all of the family, featuring Norman Foote -Kids Fun Charles Hoey Park

Monday8th July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

Tuesday9th July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

Wednesday10th July

**10:30 am — 11:30 am Yoga in the Park**

Take some time out of your day to re-balance

Fitness Charles Hoey Park

**6:00 pm — 9:00 pm The Kerplunks**

Great music in venues around the downtown area, with fashion shows during band changeovers and more!

Wednesday Night Walkabouts City Square

Thursday11th July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

**7:00 pm — 9:00 pm Yoga in the Square**

Rebalance and recentre with our fantastic Yoga in the Square events

Fitness City Square

Friday12th July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

Saturday13th July

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

**5:00 pm — 8:00 pm PIGS**

Pink Floyd tribute act

Music City Square

Sunday14th July

**10:30 am — 11:30 am Yoga in the Park**

Take some time out of your day to re-balance

Fitness Charles Hoey Park

**12:00 pm — 6:00 pm Noize Day**

Let’s make some noize

Music City Square

**12:00 pm — 8:00 pm Music in the Park**

From noon until 8pm great local and touring acts will be on stage at Charles Hoey Park

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**Do you have a resource, event or information you would like to share?**

**Send it to** cindylisecchn@shaw.ca **and it will be included in the weekly**

**Check UP Newsletter**