

**Health Matters**

**February 28, 2014**

It was great to share our Olympic Pride! Way to go Canada.

**Today’s Check up Includes:**

* Meeting Schedules
* Community meetings and Events
* RFP for Early Learning Centres Coming

Soon

* Fashion show fundraiser for Hospice
* Senior Living Caregiving Guide
* International Policy Comparisons- Why

Canada lags behind

* Fostering Change- youth transitioning out

of Foster Care

* **Call for applications: Rosenbluth Internship in Policy Research**
* **Self Management BC- a resource for managing chronic health conditions.**

C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif

**CCHN Network Member Meetings-**

* **Next Our Cowichan Network Meeting –**Thursday March 13, CVRD Board Room. Light dinner at 5:30 pm – Meeting starts at 6:00 pm
* **Next Membership Committee Meeting-** Thursday March 13 CVRD 4:00 to 5:00pm ( room to be determined)
* **Next Admin Committee Meeting-** Wednesday March 19, 5;30 pm CVRD committee room 2

C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif

**Upcoming Events/ Workshops/ Community Meetings**

* **Cowichan Lake Health Fair-** Saturday March 1- 10 am to 3:00 pm – Centennial Hall- see ad below

C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif

**RFP for Early Years Centres Coming Soon**   
   
The BC government’s new Office of the Early Years (part of the Ministry of Children and Family Development) **leads the implementation of a network of Early Years Centres, which will offer families with children up to age 6 one-stop access to practical advice, supports and services.**  
A request for proposals (RFP) for up to five test sites is expected to be released soon. There will be an important role for early childhood planning tables in the process. Timelines for the RFP have not been made public, but it makes sense to **talk to your community partners about this now**.  
  
The [Early Years Community Development Institute](http://cts.vresp.com/c/?FirstCallBCChildandY/a1756545b5/321050fb30/13c9d7b761) will be hosting a conference call or webinar for early years community developers once the RFP is released. Stay tuned.

**C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif**

**Fashion Show- Dinner- Silent Auction for Hospice**

March 10, 2014 6:00 pm Cowichan Bay Pub

Full of Fun and lively! Fashion show for Cowichan Valley Hospice- this event sells out every year- you get your choice of burger/ side and beverage- Fashion Show showcasing local clothing stores- silent/ live auction and 50/50 draw.

Advance tickets only $30 each barbthesmile@gmail.com  
250 -743 -1955 <http://bit.ly/1c1qkNA>

C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif

**The Senior Living Caregiving Guide** is published twice annually in March and September.  Over one million family members and friends are caregivers in British Columbia. This resource-filled guide includes articles about caregivers, helpful advice, and a multitude of resources including support groups and companies offering products and services to help seniors live as independently as possible in their homes. We are pleased to partner with the **Family Caregivers Network Society** in the production of this guide.  We appreciate the many businesses without whose support this guide would not have been possible. If you are in need of a particular product or service, please use the directory below to select the business or organization of your choice.

[CLICK HERE](http://www.seniorlivingmag.com/pdfs/CAREGIVING%20GUIDE%20SEPTEMBER%202013.pdf) to print or download our **Caregiving Guide**.

* [Family Caregivers Network Society](http://www.fcns-caregiving.org/) - provides information and services for family caregivers, volunteer and health services information

**C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif**

**International Family Policy Comparisons: Why Canada lags behind**  
  
Canada lags behind most other industrial countries on many of the international family policy rankings, including public investments. In most provinces, this reflects the ongoing fragmentation of both our systems for and our thinking about families with young children. And yet we know that provincial and federal policy environments have a profound effect on the well-being of Canadian families.  
   
In this in-depth [webinar](http://cts.vresp.com/c/?FirstCallBCChildandY/a1756545b5/321050fb30/b47edc6dab/v=3SY3qiRrmt0) (55:02 min), Lynell Anderson, a [HELP](http://cts.vresp.com/c/?FirstCallBCChildandY/a1756545b5/321050fb30/6dfe715cd7) senior family policy researcher, explores what we can learn from international policy comparisons (with a focus on OECD countries including Norway, France, the United Kingdom, the United States, and Australia). What policy differences make a difference? She highlights key policy changes required to help children and families thrive in Canada.  
   
Thanks to our friends at the BC Aboriginal Child Care Society for bringing this resource to our attention.

C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif

**Fostering Change: Vancouver Foundation Transitions Survey on youth aging out of foster care**

The Vancouver Foundation’s survey on youth transitions, specifically youth aging out of foster care in BC - presented at First Call’s February coalition meeting - found that the majority of British Columbians want to extend the age of government support to youth in foster care from 19 to at least age 21. Find the full report, Fostering Change, [here](http://cts.vresp.com/c/?FirstCallBCChildandY/a1756545b5/321050fb30/9e79c8b7ce)  
   
Read the Vancouver Sun six-part series on the topic, entitled From Care to Where?, found [here](http://cts.vresp.com/c/?FirstCallBCChildandY/a1756545b5/321050fb30/992211ff0b/t=topic&q=from+care+to+where)

C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif

**Call for applications: Rosenbluth Internship in Policy Research**  
  
Application deadline: Sunday, March 16, 2014 at 11:59 pm  
The Canadian Centre for Policy Alternatives – BC Office (CCPA-BC) is currently accepting applications for the annual Rosenbluth Internship in Policy Research. This recurring award will provide mentorship and financial support for a graduate student to work on an original research project on public policy as it relates to social, environmental or economic justice.  
  
Find application details [here](http://cts.vresp.com/c/?FirstCallBCChildandY/a1756545b5/321050fb30/58205cc59d)

C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif

[Self Management BC](http://www.selfmanagementbc.ca/) - An organization offering self-management workshops, free to the public at various locations in BC, for people who suffer chronic conditions such as Diabetes, chronic pain and Arthritis.

C:\Program Files (x86)\Microsoft Office\MEDIA\OFFICE12\Lines\BD14996_.gif

[If all the Friends of Choose Cowichan Lake could share this photo, that would be awesome !!!
See You There - you will leave Healthier than when you came !!!](https://www.facebook.com/photo.php?fbid=377999075648637&set=a.292323300882882.1073741828.289579617823917&type=1)Do you have a resource, event or information you would like to share?

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the weekly Health Matters Newsletter