



Health Matters Newsletter April 10, 2015

Today's Health Matters Includes:

- Meeting Schedules
- Community Meetings and Events
- Cowichan Community Health Profile Community Presentations
- Ladysmith Spring Activity Guide
- Responding to Elder Abuse in FN Communities Webinar
- Success by 6- The Early Years- Moving the Conversation Forward Forum
- Collective Impact Training- prerequisite webinar and self assessment



Our Cowichan- Network Member Meetings-

- ✓ **Next Our Cowichan Network Meeting –May 14, 2015**, CVRD Board Room. Light dinner at 5:30 pm
– Meeting starts at 6:00 pm
- ✓ **Next Admin Committee Meeting- April 15 Postponed- to be rescheduled,**

Workshops and Events

- **Cowichan Communities Health Profile Presentations- with Dr Paul Hasselback**
 - **Arbutus Ridge –May 4th 2:30 -4:30 pm-** Arbutus Room (in the Arbutus Village- Cobble Hill)
 - **Lake Cowichan May 4th 7-9 pm** Cowichan Lake Curling Lounge – 311 South Shore Road
 - **Ladysmith May 5th 3pm to 5 pm-** Frank Jameson Community Centre 810 6th Ave

Ladysmith Spring Activity Guide- Get Active In Ladysmith!

<http://www.ladysmith.ca/docs/brochures-other-publications/2015-spring-activity-guide.pdf>



Patricia Bell

Responding to Elder Abuse in First Nations Communities

This workshop is provided to assist educators, health and human service workers, to understand the complex dynamic of abuse, neglect and self-neglect of vulnerable adults in First Nations communities:

Date: Thursday, April 30, 2015

Time: 10:00 a.m. to 11:30 a.m. (PST)

Where: Participate live via videoconference OR computer webinar. Click [here](#) to learn the difference between the two technologies.

Registration: is required to participate in this FREE live event.



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You Are Invited To:

The Early Years: Moving The Conversation Forward

Goal: To create an Early Years Table reflective of the community.

Outcome: To build collaborative relationships as the basis for an Early Years Table.

In January 2015 people were invited to have a collaborative conversation to express their points of view with the intent to be able to hear one another and trust that the process of collaboration works.

Success By 6 and Aboriginal Success By 6 are inviting you to bring your wisdom and experience to continuing these very important conversations.

Conversation Facilitator: Beth Page, Dream Catcher Consulting

Presentation by:

Joanne Schroeder – Executive Director of the Comox Valley Child Development Association

When: Tuesday, April 21st, 2015 from 9:30 am til 1:00 pm

Where: 1033 Nagel Street, Duncan BC (in the old Duncan Elementary School)

Please RSVP to Laura Court at cowichansuccessby6@shaw.ca by Friday, April 17th, 4:30 pm so we can plan for a light lunch and refreshments. A vegetarian option will be available. For all other dietary needs, please feel free to bring a lunch.

Please bring a friend or send a friend if you are unable to attend.



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Introduction to Collective Impact Webinar - Cowichan Valley

Based on your interest in collaborating with other organizations to change population level outcomes on important issues in the Cowichan Valley you are invited to join us for an introductory webinar on Collective Impact.

DATE: Monday, April 20, 2015

TIME: 11:30 am - 1:30 pm PDT

Please note, this webinar is a pre-requisite for the upcoming in-person Collective Impact workshop on May 21, 2015.

[Click here](#) to register for the webinar.

We have scheduled this session as a "lunch and learn" and recommend if possible to use this as an opportunity to gather with your partners to learn and engage together. We suggest meeting together at 11:30 am to collaboratively complete *Innoweave's Collective Impact self-assessment*, prior to participating in the webinar from 12:00 - 1:00 pm.

[Click here](#) to complete the self-assessment.

**We recommend that you and your partners read the following before the webinar commences: *Collective Impact*, by John Kania and Mark Kramer.

[Click here](#) to access the article.

If, after the webinar, you and your partners determine that Collective Impact is an appropriate approach for your initiative at this time, we invite you to attend a day-long *Collective Impact 1 Workshop* in person. This session will be hosted by ***Our Cowichan Communities Health Network*** and delivered in partnership by ***BC Healthy Communities*** and ***Innoweave*** in the Cowichan Valley on **May 21st**.

The May 21st workshop is designed to help teams of leaders from 4-5 different community organizations committed to working on a common issue (including board members) start to:

- Articulate common population level outcome goals that they wish to achieve;
- Develop an initial Theory of Change to understand how they will achieve their intended impact;
- Build a common agenda that is driven by data and urgency around the issue being tackled;

- Build a community engagement strategy that ensures that influential leaders and people with lived experience are part of the community change process.

If you have any questions, please contact Angela Bello at angela@bchealthycommunities.ca.

Thanks,

The BC Healthy Communities and Innoweave Teams

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Delivered by:



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Innoweave

Do you have a resource, event or information you would like to share?
Send it to cindylisecchn@shaw.ca and it will be included in the weekly
Health Matters Newsletter