



Health Matters Newsletter September 30, 2016

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data/ Relevant Reports and Information- Community Health Data Website Launched
- Our Cowichan Small Grants 2016 now closed
- UBC Learning Link- Territory Acknowledgements webinar
- Annual Welfare Challenge



Our Cowichan- Network Member Meetings-

- ✓ Next Admin Committee Meeting-**To be Determined**
- ✓ Next Our Cowichan Network Meeting **November 10, 2016 Clements Centre**. Light dinner at 5:30 pm Meeting starts at 6:00 pm.

Community Events

- Next Sobering and Detox Task Force Meeting – **October 20** -9:00 am to 11:00 am CVRD Meeting Room 213
- Literacy Central Vancouver Island - 25th Anniversary Celebration event **September 23**- see attachment

Local Data and or Research-

Community Health Data website launched

Local-level health data highlights community strengths and areas for improvement, which is important for planning policies and programs that are responsive to a community's needs.

Pacific Health Services Authority's [Community Health Data website](#) is now live. The site contains new web-based community health profiles for 142 BC communities (updated from the original profiles released

in 2014), a searchable database of health and social indicators, and the newly updated BC Community Health Atlas.

Our Cowichan Small Grants Closed at 12 Noon today.

"Past participants have noted they appreciate the honesty and integrity of the conversations led by facilitators who model how to "walk the walk" of negotiating difficult conversations."

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Welcome to the live-stream session of the UBC Learning Circle on **Territory Acknowledgements in Teaching and Learning at UBC**. This special session is a partnership with [UBC Centre for Teaching and Learning Indigenous Initiatives](#), as part of their [Classroom Climate Series](#).

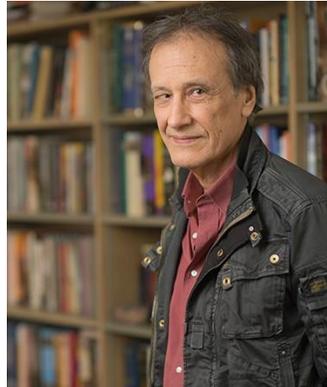
What goes into a territory/land acknowledgement and what are the things we can each think about to engage responsibly in this practice? Join us for a panel discussion featuring Musqueam Elder Larry Grant and senior First Nations and Indigenous Studies faculty Drs. Linc Kesler and Daniel Justice, for perspectives on the pedagogical significance of these acknowledgments, their broader cultural meaning, their role in ongoing relationship-building practice, and how to meaningfully incorporate territory/land acknowledgments into your courses as one part of a larger practice of engaging Indigenous content and perspectives.

Facilitators:



Larry Grant

is an Adjunct Professor in the University of British Columbia (UBC) First Nations and Endangered Languages Program lifetime honorary fellow of Green College. He is also the Language and Culture Consultant for Musqueam First Nation, and the Resident Elder for the First Nations House of Learning at UBC.



Linc Kesler

is a professor in First Nations and Indigenous Studies and English, and currently the Director of UBC's First Nations House of Learning and Senior Advisor to the President on Aboriginal Affairs. His Indigenous ancestry is Oglala Lakota from the Pine Ridge reservation in South Dakota.



Daniel Heath Justice

(Cherokee Nation) is Canada Research Chair in Indigenous Literature and Expressive Culture and Professor of First Nations and Indigenous Studies and English at UBC. A literary and cultural studies scholar as well as a fantasy writer, he has published and edited extensively in the field of Indigenous literary studies.

[For more Information and/or to register:](#)

Registration to Participate
by Webinar



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5th Annual Welfare Food Challenge starts October 16

Raise the Rates' Annual Welfare Food Challenge starts on World Food Day on Sunday, October 16, 2016, and runs for one week. During that week, participants eat only what they can purchase for \$18. [Why \\$18?](#)

[Join](#) the over 600 people who have taken the challenge so far! In 2016 Raise the Rates aims to make it the biggest challenge ever and make poverty an election issue in 2017.

The challenge highlights the inadequacy of welfare rates in BC. A single person receives only \$610 a month, frozen for over nine years. Raise the Rates, with others, is working to raise public awareness of the extreme poverty of people on welfare and how this poverty costs the people of BC in human suffering and billions of wasted dollars every year.

[Find out more](#)

[Sign up](#)

[Learn why \\$18 for one week's food](#)

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

Health Matters Newsletter

