



Health Matters Newsletter October 28, 2016

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data/ Relevant Reports and Information
- Cowichan Women Against Violence Gala Fundraiser
- Clements Centre Society Annual Sock Drive



Our Cowichan- Network Member Meetings-

- ✓ Next Admin Committee Meeting- **December 8, 2016**- CVRD Committee Room 2
- ✓ Next Our Cowichan Network Meeting **November 10, 2016 Clements Centre**. Light dinner at 5:30 pm Meeting starts at 6:00 pm.

Community Events

- Next Sobering and Detox Task Force Meeting To be determined

Local Data and or Research-

Building Fund Gala 2016

On November 05, 2016 at 06:00 PM · \$85.00 CAD · **35 rsvps**

Cowichan Golf & Country Club in Duncan, BC, Canada

Cowichan Women Against Violence (CWAIV) Society is hosting our second Building Fund Gala on Saturday, November 5, 2016 at the [Cowichan Golf and Country Club](#). The event features a gourmet buffet dinner (3 mains plus a vegetarian option by request), a live auction, a silent auction, special

draws, and live music and dancing. [Stormin' Norm Jackson](#) will be our MC and auctioneer. [The Cowichan](#)



[Lake Tenors](#) will provide the music.

Festivities start at 6 PM for cocktails (cash bar) and the opening of the silent auction and the purchase of tickets for several exciting draws. Dinner is at 7 PM, the live auction at 8 PM and music and dancing from 9 to 11. The silent auction closes at 10. Draws are made between 10 and 10:30. Check out a "sneak peek" of some of our [fabulous auction items here!](#)

Individual tickets are \$85 each. Each ticket will receive a tax receipt for \$35.

If you want to come with a group, tables are available for \$680. You will get 9 seats for the price of 8.

The tax receipt for a table is \$280.

Tickets can be purchased on-line below or at our office at 103, 255 Ingram Street in Duncan, V9L 1P3.

If you would like to donate a ticket so some of our clients can attend, you can send a cheque by mail or you can purchase tickets at our office at 103, 255 Ingram Street in Duncan, V9L 1P3. Office hours are M-F 9:30 to noon and 1 to 4. If you prefer to purchase the ticket you want to donate on-line, notify the office at 250-748-7000 or cwav@cwav.org once you've purchased the ticket to let us know that it's for a client. Tickets donated to clients receive a tax receipt for the full amount of the ticket.

All tax receipts will be mailed right after the Gala. If you want the tax receipt to go to someone other than the ticket purchaser or if you want the tax receipt for a table split amongst a number of people, follow the instructions provided when you purchase your ticket or table.

As we get silent and live auction items, they will be posted on our website and a programme of items will be available at the event.

A little about the project

This project will increase the number of affordable housing units in the Cowichan Valley. CWAV Society has an interest in a particular kind of housing. Called "second-stage", this housing gives women who've left abusive relationships – some with children, some without – a year or two to get their feet on the ground.

The women will live in their own apartments at affordable rents. CWAV Society will have staff for tenancy support. The support may be as basic as how to be a good renter or it may include assistance in navigating the rather daunting legal, financial, co-parenting and emotional challenges that accompany separation. The trauma that comes with abuse make all of these issues much more difficult and complex. Staff will be available weekdays and weekends.

[Read more »](#)

- [buy tickets](#)

Clements Centre Society Sock Drive

October 14, 2016

To Whom It May Concern:

We are a non-profit organization in the Cowichan Valley that has been providing services for children and adults with developmental disabilities since 1957. October is Community Living Month and the launch of our Annual Sock Drive.

Clements Centre Society is hosting its 8th Annual Sock Drive. Our goal this year is to collect 2,016 new pairs of socks which are then given back to others in our community. Some of the agencies who have benefited in past years include: Cowichan Independent Living, Margaret Moss, Warmland Shelter, Hiiye'yu Lelum (House of Friendship) Society, Duncan Fire Department, as well as many others.

If you are interested in donating **new socks** for all ages and genders, please contact Debbie Oliwa at Clements Centre: (250) 746-4135 Ext 226. Debbie would be happy to provide any additional information and pick up any donations.

As an alternative, we also accept money donations which are then used to purchase new socks.

Thank you for your time and we look forward to hearing back from you.

Lisa Chileen

Day Program Coordinator

Clements Centre Society

250-746-4135 Ext 233

lchileen@clementscentre.org



First Nations Court Invitation

See attachments regarding First Nations Court and Community Services Session.

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

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