



**Health Matters Newsletter
November 4, 2016**

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data/ Relevant Reports and Information
- Clements Centre Society Annual Sock Drive



Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting- December 8, 2016-** CVRD Committee Room 2
- ✓ **Next Our Cowichan Network Meeting November 10, 2016 Clements Centre.** Light dinner at 5:30 pm Meeting starts at 6:00 pm.

Community Events

- **Next Sobering and Detox Task Force Meeting To be determined**

Local Data and or Research-

Clements Centre Society Sock Drive

October 14, 2016

To Whom It May Concern:

We are a non-profit organization in the Cowichan Valley that has been providing services for children and adults with developmental disabilities since 1957. October is Community Living Month and the launch of our Annual Sock Drive.

Clements Centre Society is hosting its 8th Annual Sock Drive. Our goal this year is to collect 2,016 new pairs of socks which are then given back to others in our community. Some of the agencies who have benefited in past years include: Cowichan Independent Living, Margaret Moss, Warmland Shelter, Hiiye'yu Lelum (House of Friendship) Society, Duncan Fire Department, as well as many others.

If you are interested in donating **new socks** for all ages and genders, please contact Debbie Oliwa at Clements Centre: (250) 746-4135 Ext 226. Debbie would be happy to provide any additional information and pick up any donations.

As an alternative, we also accept money donations which are then used to purchase new socks.

Thank you for your time and we look forward to hearing back from you.

Lisa Chileen

Day Program Coordinator

Clements Centre Society

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Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

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