



## Health Matters Newsletter May 31, 2019

### Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data and Research
- Family Literacy Day Free Fun For All
- Stigma Article
- Children's Rights Planning Meeting



*Some times when you are out on an adventure, in addition to looking down and around, look up!*

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- ✓ **Next Admin Committee Meeting- June 6, 3:30-6:30** CVRD Committee Room 2
  - ✓ **Next Our Cowichan Network Meeting at June, 2019, Ramada Silver Bridge** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

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### Community Events- Meetings

- **Cowichan Housing and Homelessness Coalition Meeting (All Welcome)**-July 30, 11:00 am to 1:00 pm Location to be determined
- **Community Response Team Meeting** June 27, 9 am-11am. **Island Savings Board Room**
- **EPIC-Community Steering Committee** June 20, 1:30 -3:30 pm Ts'i'ts'uwatul' Lelum

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### Local Data and or Research-

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**Free Family Literacy Day- Poster Attached** Be sure to share broadly with families and colleagues for a fun filled free event.

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June 21st at the **Cowichan Golf Club**

Early Bird Golf & Dinner Registration: \$145 Early Bird  
\$160 Regular (after May 31st)

Early Bird Dinner-Only Tickets (while they last!): \$65 \*

*\*for dinner only tickets, please call 250-701-4242*



12th Annual Golf for  
cowichan  
hospice  
Tournament

Friday, June 21 • Cowichan Golf Club

THIS YEAR'S THEME:  
**BIG, BRIGHT 80's**

18 Holes of Golf • Gourmet Buffet Dinner  
Costume Prizes • Live & Silent Auction

**COME IN COSTUME!**

Golf & Dinner Ticket:  
early bird \$145 / regular \$160  
(early bird registration ends May 31st)

Dinner Only Ticket:  
\$65 (limited availability)

COWICHAN GOLF CLUB  
4955 Trans-Canada Highway • Duncan BC  
Purchase Tickets at [cowichanhospice.org](http://cowichanhospice.org) or 250-701-4242

All proceeds support the grief and end-of-life programs provided by Cowichan Hospice.

Interested in being a Sponsor at the 12th Annual Golf for Cowichan Hospice Tournament? **[Click here](#)** to view the fabulous sponsorship opportunities!

*For more information, please email [Zoe](#) or call 250-701-4242*

## Health Matters Newsletter

**Do you have a resource, event or information you would like to share?**

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the weekly newsletter