



Health Matters Newsletter May 24, 2019

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data and Research
- Children's Rights Planning Meeting
- Canadian Mental Health Association Annual General Meeting
- Funding Opportunity – BC Skills Employment Program
- Car 60 a Collaborative Team Supporting Individuals with Mental Health Challenges
The Chemainus Estuary is stunning and an easy walk. Enter off of Swallowfield Road (Parking at the end) Don't forget to bring your camera!



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- ✓ **Next Admin Committee Meeting- June 6, 3:30-6:30** CVRD Committee Room 2
 - ✓ **Next Our Cowichan Network Meeting at June, 2019, Ramada Silver Bridge** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

Community Events- Meetings

- **Cowichan Housing and Homelessness Coalition Meeting (All Welcome)**-May 28, 11:00 am to 1:30 pm Island Savings Centre Mesachie Room 2nd floor
- **Community Response Team Meeting** June 27, 9 am-11am. **Island Savings Board Room**
- **EPIC-Community Steering Committee** June 20, 1:30 -3:30 pm Ts'i'ts'uwatul' Lelum

Local Data and or Research-

Children's Rights Planning Meeting- Information Attached

BC Safe Kids Week 2019 Social Media Messaging



[Parachute Safe Kids Week](#) is an annual campaign to raise public awareness of child safety issues in Canada, encouraging community involvement as part of the solution. This year, Safe Kids Week runs June 3 to 9, and is focused on preventing harm from children's falls in the home and at play.

There is a [BC social media toolkit](#) that shares facts and tips on fall-related injuries with BC children. The toolkit includes ready-to-use tweets and social media messages for Safe Kids Week.

Granting Opportunity- Funding Announcement for Employment Initiatives- Attached

Great Story on Car 60 and the team who support individuals with mental health challenges

Here's the link: <https://www.thediscourse.ca/cowichan-valley/car-60>

Annual General Meeting



Canadian Mental
Health Association
Cowichan Valley

Location: Warmland Dining Room, 2579 Lewis Street

Date: June 26, 2019

Time: 11:30am-2:00pm

Annual General Meeting and membership election of board.

Light buffet lunch will be served at 11:45am.

Health Matters Newsletter

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly newsletter