



Health Matters Newsletter June 21, 2019

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data and Research-
- Renters facing eviction get support through rent bank funding to Vancity
- Cowichan Housing Association has moved
- Youth 20/20 Can volunteer project launched
- Cowichan Tribes Request for Proposal
- Housing Webinar
- Housing Guide



*Syuw 'a' muma' mustimu'hw 'u tu mi hwaq' a q sums
tthu yukw a kw usthut' i' tthu tum'kew'lus*

(Every year when the seasons of spring and summer meet, it is the day of the aboriginal people). Happy Aboriginal Day!

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- ✓ **Next Admin Committee Meeting- July 4, 3:30-6:30** CVRD Committee Room 2
 - ✓ **Next Our Cowichan Network Meeting at September 12, 2019, Ramada Silver Bridge** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

Community Events- Meetings

- **Cowichan Housing and Homelessness Coalition Meeting (All Welcome)**-July 30, 11:00 am to 1:00 pm Location to be determined
- **Community Response Team Meeting** June 27, 9 am-11am. **Island Savings Board Room**
- **EPIC-Community Steering Committee** July 18, 1:30 -3:30 pm Ts'i'ts'uwatul' Lelum

Local Data and or Research-

Renters facing eviction get support through rent bank funding to Vancity

<https://news.gov.bc.ca/releases/2019SDPR0043-001206>

Cowichan Housing Association Has Moved

The new location is in the Canada Building, #207-225 Canada Avenue, Duncan, BC., V9L 1T6

FOR IMMEDIATE RELEASE

Date: June 10, 2019

Youth 20/20 Can launches across Vancouver Island and in Powell River

Volunteer Centres in Victoria, Cowichan, Nanaimo, Campbell River, and Powell River have partnered with the Wachiay Friendship Centre in Courtney to help 450+ youth gain confidence, self-esteem, and resiliency and build their leadership and employment skills.

The Centre's have launched a new year-long project called Youth 20/20 Can funded by the Government of Canada under the Canada Service Corps. Canada's Service Corps is building a national movement to build a culture of volunteer service that empowers young Canadians to make an impact. Youth gain experience and build their skills, while giving back to your community with other young Canadians.

"Canada Service Corps gives young Canadians opportunities to get involved and make a difference in their communities," says the Honourable Patty Hajdu, Minister of Employment, Workforce Development and Labour. "By partnering with organizations like Youth 20/20 Can, our government is helping young leaders acquire important skills, develop individual strengths and gain essential life experiences."

Jennifer Lazenby, Executive Director at Volunteer Cowichan notes that partnership with the Volunteer Centres and the Wachiay Friendship Centre will have exponential returns and positive impacts for youth volunteers in each of our communities, thanks to the Government of Canada's \$418,000 investment in Vancouver Island's youth. Volunteer Cowichan celebrates and promotes volunteerism in our region.

"The Youth 20/20 Can project helps youth identify their skills and interests, build their volunteer plan with community in mind, and lead and manage local projects, events, or activities that have meaning to them and to community. Youth are given an opportunity to positively engage in community-building over an extended period by giving 120 hours of volunteering time. Through participation youth will strengthen their skills, employability, and connections to community."

It is so important to create opportunities for youth who have barriers to volunteer engagement. Here is a message from a high school student about her recent volunteering experience:

"When I came to your office with Mei and Rina for the first time, we were very nervous but you talked to us with your smile. You made us really relax and I would like to start volunteering in your team...When I came to Victoria, I didn't have confidence. Now I really like to help somebody so I want to continue to volunteer. Thank you all so very much. Haruna"

For more information, please contact:

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www.volunteercowichan.bc.ca

Cowichan Tribes Request for Proposal

Community Led Development and Planning for First Nations Early Learning and Child Care- attached

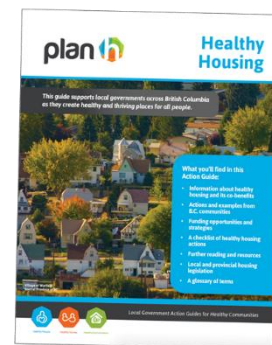
Webinar: How can Health Authorities add value to the Housing Needs Reports process?

As part of the launch of our new [Healthy Housing Action Guide](#), join us on **Monday, July 8 at 10:30am PDT** for an in-depth discussion of the role of Health Authorities in Housing Needs Reports. Bringing a health lens to Housing Needs Reports is a critical step in developing equitable, sustainable housing policies in our communities. So how can Health Authorities best support the Housing Needs Reports process? Join us for our next webinar to discuss these questions and more. [Register here.](#)

NEW ACTION GUIDE

New Housing Guide released

Our Healthy Housing Action Guide is officially here! Filled with information, examples, funding opportunities, actions and resources, the guide is a helpful primer on how a Healthy Communities approach to housing policies can support health and well-being in your community. With a variety of rural and urban examples, the guide provides ideas and inspiration for communities across the province. [Access the guide.](#)



Health Matters Newsletter

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly newsletter