



**Health Matters Newsletter
February 25, 2022
Today's Health Matters Includes:**



- OCCHN Meeting Schedule
- Community Meetings
- The Village on Trunk Road- How Can You Help? Attached
- City of Duncan Transportation and Mobility Strategy -Survey and Engagement Opportunities
- Mom's Stop the Harm Film Premier
- Cowichan Family Life Garden Tour- attached



- ✓ **Next Admin Committee Meeting** **March 3- 4:00 pm zoom call**
- ✓ **Next Our Cowichan Network Meeting** **Postponed until April 14**
- ✓ **Next EPIC Committee Meeting-** **March 17, 2022, 1:30 pm-3:00 pm zoom call** contact Cindy cindylisecchn@shaw.ca for access
- ✓ **Cowichan CAT – March 24 2022, 10 am -noon** contact Leah Vance Leah Vance leahlvance@gmail.com for access



Omicron Continues to Circulate Please GET Boosted



Moms Stop The Harm Film Premiere: March 2, 2022

Kímmapiiyipitssini: The Meaning of Empathy

Come watch one of the year's most moving documentaries and join our curated discussion on the themes of the film.

Kímmapiiyipitssini: The Meaning of Empathy is a co-production between Seen Through Women Productions and the National Film Board of Canada through their North West Studio. The film follows filmmaker Elle-Máijá Tailfeathers as she creates an intimate portrait of her community and the impacts of the substance use and overdose epidemic. Witness the change brought by community members with substance-use disorder, first responders and medical professionals as they strive for harm reduction in the Kainai First Nation.

Contextualized in the historical and lived trauma of settler colonialism, *Kímmapiiyipitssini: The Meaning of Empathy* draws a connecting line between the impacts of colonialism on Blackfoot land and people and the ongoing substance-use crisis. The film asks the audience to have love and hope for those who are marginalized by addiction and racism.

This film is the winner of the Rogers Audience Award for Best Canadian Documentary at Hot Docs Festival and was selected as one of the best documentaries of 2021 by POV magazine **Join Dr. Esther Tailfeathers and other experts to discuss some of the themes explored in the film.**

Registration Information

Date and time: **Wed, March 2, 2022 6:00 PM – 7:00 PM PST**

When you register for this event, your confirmation email includes a private link to participate in the *Kímmapiiyipitssini: The Meaning of Empathy* screening and discussion. The film will be available to stream one week before the live discussion event.

To REGISTER

<https://www.eventbrite.ca/e/moms-stop-the-harm-presents-the-meaning-of-empathy-tickets-255708580247#:~:text=62%20followers,Register>



City of Duncan Transportation and Mobility Strategy -Survey and Engagement Opportunities

We want to hear from you! Learn more about how you can get involved in our Official Community Plan and Transportation and Mobility Strategy as we enter the final planning stages. Hint: Available surveys

online and upcoming virtual engagement opportunities (March 2 and 3 - Register by emailing signup@duncan.ca <https://www.placespeak.com/.../6522-city-of-duncan.../...>

https://www.placespeak.com/en/topic/6522-city-of-duncan-official-community-plan/?fbclid=IwAR1iMXUQJCSa-EbB_VygZH9Z-03PpMHoJnQNjG2XWw31q-EUR7_ISJFNRIQ#/overview

Alternatively, an online version of the surveys can be found at:

[PlaceSpeak - City of Duncan | Official Community Plan](#)

[PlaceSpeak - City of Duncan | Transportation + Mobility Strategy](#)



Health Matters Newsletter

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the Friday Newsletter