



Health Matters Newsletter March 21, 2016

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data/ Relevant Reports – Food Costing in BC Report
- RFP Announcement For Sobering Beds for Cowichan
- Upcoming Webinars



Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting-** April 7, 4:30 pm to 6:30 pm- CVRD Committee Room 2
- ✓ **Next Our Cowichan Network Meeting** April 14, 2015 **CVRD Board Room**. Light dinner at 5:30 pm Meeting starts at 6:00 pm.

Community Events

- **Next Sobering and Detox Task Force Meeting – MOVED to May 5 -9:00 am to 11:00 am CVRD Meeting Room 213**
- **Literacy Now Wordscrum Fundraiser-** April 10 3pm to 5 pm at York Street Diner
- **Ladysmith Interagency Meeting- the last Wednesday of the month from 12:30 pm to 2:00 pm** at Ladysmith Resource Centre Society- 630 Second Avenue Ladysmith

Local Data and or Research- The **Food Costing in B.C. 2015 Report** has been released by PHSA. Here is the link to the report and a pdf copy is attached.

<http://www.phsa.ca/population-public-health-site/Documents/2015%20Food%20Costing%20in%20BC%20-%20FINAL.pdf>

The average monthly cost of a nutritious food basket for the reference family of four in BC in 2015 was \$974.00. The reference family is comprised of a male and a female aged 31-50, a boy aged 14-18 and a girl aged 4-8 years. For Island Health the monthly cost was \$965.00.

There is a map on page 15 of the report which shows the costs across the Island Health HSDAs.

RFP Announcement for Sobering Beds in Cowichan

<http://www.bcbid.gov.bc.ca/open.dll/welcome>



INFORMATION BULLETIN

FOR IMMEDIATE RELEASE
March 23, 2016

Island Health seeks owner/operator for new sobering bed program in Cowichan Valley

COWICHAN VALLEY - Island Health has issued a Request for Proposal (RFP) for a new community-based sobering and assessment program in downtown Duncan.

The program will consist of four to six new sobering beds that people aged 17 and up can access for up to 24 hours when experiencing intoxication due to drug or alcohol use.

Led by Our Cowichan Communities Health Network and including representatives from the Cowichan Valley Regional District, Island Health, Duncan RCMP, Cowichan Tribes and other community partners, a community task force reviewed existing substance use services in the region and determined that a sobering and assessment program would complement the continuum of supports and services already in place for individuals experiencing drug or alcohol use challenges.

The location of the sobering beds is still to be determined. The program will be staffed 24-hours-per-day, 365-days-per-year and the successful proponent will work closely with other community partners, including Island Health, to ensure clients can easily connect with additional outreach, substance use supports and other health, social and housing services when they are ready. It's expected the program will be operational in late 2016.

This service expansion is made possible through the Province's commitment to work with health authorities and the not-for-profit sector to create an additional 500 substance use beds across the province for people in need of substance use services.

The RFP can be viewed at BC Bid at www.bcbid.ca

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Media inquiries:

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This Island Health notice has been sent to media, MPs, MLAs, mayors, Island Health leaders, foundations and regional hospital district chairs. View online at viha.ca/news.

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UPCOMING WEBINARS / WEBINAIRE À VENIR

Date/Time	Webinar Title
April 7, 2016/le 7 avril, 2016	<u>Health Care Innovation Working Group (HCIWG) webinar - Care at Home for Individuals Living with Dementia</u>
1:00pm-2:30pm 13h00-14h30	

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

Health Matters Newsletter