



Health Matters Newsletter June 9, 2017

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Vote for the Child Youth and Family Centre Project (We need your Vote)!
- Success By 6 Granting Opportunity
- Mill Bay Age Friendly Cafe Conversation June 22.

Kayaking the channel from Somenos Lake to Herd Road is one unique local adventure. You can easily launch your kayak at the Forest Museum fishing dock then make your way to the north end of the lake and through the creek filled with wildlife, birds and fauna



Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting- July 6, 4:30-6:30** Committee Room 2 CVRD
- ✓ **Next Our Cowichan Network Meeting at July 13 Ramada Silver Bridge.** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

Community Events- Meetings

- **Community Response Team Meeting** June 15, 2017 Room Committee Room 2 at the CVRD
- **EPIC-Community Steering Committee** June 15, 12:00 pm to 2:00 pm Ladysmith Community Health Centre Lower meeting room
- **Opioid Crisis/ Overdose Prevention Site Open House- POSTPONED**
- **Multiculturalism Day-** poster below

Local Data and or Research-

Vote for Child Youth and Family Centre Project

Hi All,

Our account has been made and below is an email that you can forward to your networks with all the information.

Good Luck CYFC team!!!!

Our proposal was accepted for the Child Youth Family Centre Grant. Now it is the VOTING!!!!

We need as many votes as we can get!_ One vote per person. Please share within your networks and go on to [Volinspire](#), register and vote. As you can see in the recent elections each vote counts ?

Vote now for **Community Options Society!** Winning the \$50,000 **SimpleGenerosity** grant from **Island Savings a division of First West Credit Union** would provide the opportunity to hire a Project Manager to lead the CYFC co-location project and an architect to draw up building plans. Through the creation of a new co-location model of services we will be better equipped to support children, youth & families. The co-location model will increase accessibility, strengthen the community and promote service sustainability. It is intended to have service integration across traditional boundaries of childcare, education, health & social services. Thank you for helping us celebrate **Canada150** and strengthening our communities with **SimpleGenerosity!**

CLICK TO VOTE FOR OUR PROJECT - <https://volinspire.com/post/11094> (You will need to register with Volinspire)



MORE INFO ON THE PROJECT - Community organizations have come together to support the creation of the **Cowichan Valley Child, Youth & Family Center**, a new co-location model of services to better support children, youth & families. The co-location model will increase accessibility, strengthen the community and promote service sustainability. Current statistics in the Cowichan Valley demonstrate the need for a new, collaborative, integrated model of support to children, youth & families. The Child, Youth & Family Center model is being used with success in other jurisdictions: Westshore, Sooke, & Parksville Family Place. It is a model supported by research and by organizations such as Vancouver Island Health, School Districts and various Ministries whom are moving toward this type of collaborative service delivery. We believe this collaborative model would have a positive impact. There are several benefits for the child, youth and family services in the Cowichan Communities as most are working in various buildings and in isolation throughout the Cowichan Valley.

For the community there are direct, proven benefits that strengthen community bonds and will be enjoyed by future generations. For children, youth and families the benefits include but are not limited to:

- ? wrap around services
- ? communities will be more aware of services available

- ❑ more accessible (one-stop shop)
- ❑ non stigmatizing services (a facility offering health, recreation, and support services)
- ❑ more collaborative support services
- ❑ centralized services

Sharing space will vastly reduce administrative costs, make it easier to refer to other services and assist in collaboration and partnering of services and programs. The money used for administrative costs can be allocated to provide more, direct client services. It will also reduce isolation and help facilitate relationship building among service workers.

We thank you for your support!

On behalf of

The Child Youth Family Centre Planning Team

Nominations for Outstanding Quality in Health Awards

There are some brilliant folks and amazing projects underway within the Cowichan Region. Submit your nomination by June 30th and celebrate our great community.

Invitation to Mill Bay Age Friendly World Cafe'

The Cowichan Valley Regional District is inviting local residents and businesses to attend a World Cafe style session, to share your ideas about how Mill Bay can become more age-friendly and accessible. The "World Café" is a conversational process intended to facilitate open and collective dialogue. Participants will be asked to discuss a set of questions, focused on the specific goals of an age-friendly action plan for Mill Bay. Please join us for this workshop, no matter your age!

An Age-Friendly community meets the diverse and changing needs of older adults (55+), allowing them to comfortably and safely age and engage in their community. An Age-Friendly community is also highly accessible for those living with disabilities or using strollers, and provides a high quality of life for all ages. Your input is very important to us as we work to make the Mill Bay community more inclusive for all!

Please RSVP to bsuderman@cvr.d.bc.ca by June 12th 2017.

What: World Cafe Session – A conversation-based workshop about making Mill Bay better for older adults

When: June 22nd, 2017 1:30pm - 4:30pm

Where: Mill Bay Community League Hall, 1035 Shawnigan Lake Rd



The vision of Success By 6 is to build the capacity of parents and communities to support children ages 0 to 6 to become healthy, safe, secure, successful learners, socially engaged and responsible so they are ready to succeed in school and in life.

CALL FOR PROPOSALS – ELIGIBILITY REQUIREMENTS

To be considered eligible for funding, project proposals will successfully demonstrate:

- Relevance to children 0 to 6 years old and/or their caregivers, (may include the perinatal

- period)
- Must show collaboration and/or partnership with other agencies: what each agency will specifically contribute to the project in terms of human, financial, technical and/or community resources.
 - Addressing Food Security: showing how food would enhance your existing program

2017/2018 Strategic Implementation funding opportunity for **grants up to \$16,000**, to build the capacities of parents, families and child care providers in making a difference in the social and emotional development of young children. Research, community forums and the Early Development Instrument (EDI) results have identified that a priority for the Cowichan Valley is to improve and support the social and emotional development of our children. This year we are placing a strong emphasis on food security. In a Community with the highest child poverty rate, we know that accessing food is a challenge for many families.

The request for funds and your proposal must signify how access to funding for food would further support your program and the families that you are serving in the Cowichan Region.

Applications will be reviewed with an emphasis on sustainability, collaboration and partnership.

Applications are open to all non-profit agencies. Funding must not benefit any individual, group or organization in terms of financial profit.

Grantees must meet all eligibility requirements. Grantees must complete both an interim progress report and a final report. All proposals must be completed and submitted by **4:30 pm, Friday, June 23rd, 2017**

Grant Application:

If interested in applying, please contact Laura Court by email at cowichansuccessby6@shaw.ca or call 250-701-3647 **to receive the grant application.**

CELEBRATE

Multiculturalism Day

TUESDAY JUNE 27th
Duncan Lodge, 2244 Moose Rd



**Alden Habacon
Keynote Speaker**

Cultural Expo



Doors at 4:45pm
AGM 5:00 - 6:00pm
Canapé Dinner
6:00 - 7:00pm
Keynote + Awards
7:00 - 8:30pm

**Intercultural
Society AGM**



**Champions of
Inclusion Awards**



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WELCOME CENTRE
OF COWICHAN

250 748 3112 / CIS-IWC.ORG

Do you have something to share??
Send it to cindylisecchn@shaw.ca and it will be included in the weekly
Health Matters Newsletters

