



## Health Matters Newsletter June 17, 2016

### Today's Health Matters Includes:

Meeting Schedule  
Community Meetings and Events  
Events  
Research and Reports- Update on Government Statistics for Single Parents on Single Parent Employment Initiative  
Tobacco Reduction  
What to do When you Find Needles  
Introduction to Collective Impact Webinar  
UVIC Anti Bullying Program gets top Marks



*In celebration of Aboriginal Day I would like to share with you some memories of the 2008 Tribal Journeys and NAIG where I was honoured to be a paddler amongst 100's of my First Nations friends.*

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### Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting-** July 7, 4:30 pm to 6:30 pm- CVRD Committee Room 2
- ✓ **Next Our Cowichan Network Meeting** July 14 2015 **CVRD Board Room**. Light dinner at 5:30 pm  
Meeting starts at 6:00 pm.

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### Community Events/ Meetings

- **Next Sobering and Detox Task Force Meeting -July 21 9:00 am to 11:00 am CVRD Meeting Room 213**
- **Chemainus Summer Festival June 18-** Visit: [www.visitchemainus.ca](http://www.visitchemainus.ca) for more information
- **Aboriginal Day at Transfer Beach Ladysmith-** June 21 11:00 am to 3:30 Everyone Welcome

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### Research and Reports

**Progress update: Government statistics for single parents on SPEI**

Early June 2016, the BC government [announced](#) that more than 2,800 single parents on income and

disability assistance are getting supports to find employment through the Single Parent Employment Initiative (SPEI), [first introduced](#) in March 2015.

About 16,000 single parents receiving income assistance are eligible for SPEI and the province will invest \$24.5 million over five years for the initiative.

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## **Tobacco Reduction**

[http://planh.ca/sites/default/files/planh\\_kimberley\\_communitystory\\_05.26.16.pdf](http://planh.ca/sites/default/files/planh_kimberley_communitystory_05.26.16.pdf)

[http://planh.ca/sites/default/files/planh\\_tobacco\\_reduction\\_guide-web09\\_05.25.16.pdf](http://planh.ca/sites/default/files/planh_tobacco_reduction_guide-web09_05.25.16.pdf)

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## **What to do When you Locate Needles in the Community**

Needles are being located around the community and citizens and businesses do not know who to call.

**For pick up of used needles**, please contact the Mobile Outreach Needle Exchange (NARSF) Program. The number is 250 510-3637. Please leave a message any time, they work on Tuesdays. These dedicated ladies will take the needles that other agencies will not.

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## **Introduction to Collective Impact Webinar**

**Thursday June 23rd, 11:30-1:30pm PST**

*Is your organization interested Collective Impact? Are you considering collaborating with other organizations to change population level outcomes on an issue that is important in your community or region?*

If so, you may be interested in attending an **upcoming Introduction to Collective Impact webinar, on Thursday June 23rd.**

[Click here](#) to register.

### **THROUGH THIS WEBINAR:**

- **LEARN** about how a Collective Impact approach can support work across sectors to move the needle on urgent and complex community issues
- **EXPLORE** the types of issues and conditions best suited to a Collective Impact approach, and learn when this approach is not the best fit
- **HEAR ABOUT** lessons and insights from groups and collaboratives working with Collective Impact in BC and beyond

### **DETAILS:**

**11:30- 12:00 - OPTIONAL for groups to gather for pre-webinar discussion**

**12:00 - webinar commences**

In addition to being an open learning opportunity, this webinar is a pre-requisite for collaboratives interested in participating in Collective Impact workshops and coaching to be offered in fall 2016 by BC Healthy Communities and Innoweave.

This session has been scheduled as a "lunch and learn" and we recommend if possible to use this as an opportunity to gather with your partners to learn and engage together. We suggest completing Innoweave's Collective Impact self-assessment and coming together as a group to discuss, prior to participating in the webinar from 12:00-1:30pm ([click here to complete the self-assessment](#)).

\*\*We recommend that you and your partners read the following before the webinar commences: *Collective Impact*, by John Kania and Mark Kramer. [Click here to access the article](#).

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### **OPPORTUNITIES AFTER THE WEBINAR:**

Once you have attended the webinar, if you determine that collective impact is a fit for your issue and community, you can apply to participate in a supported Collective Impact process offered in partnership by BC Healthy Communities and Innoweave. This process helps groups of different community organizations apply the Collective Impact approach to a shared population-level impact goal. The process includes two workshops staggered over a 4-8 month period, allowing organizations time in between the two sessions to build additional community support, and refine their shared outcomes goals. Following each workshop, groups may also request Collective Impact coaching support. To access coaching, organizations should be clear on the goals that they hope to achieve with Collective Impact and the assistance that they require to develop their strategy for impact, build their collaborative and get ready to implement.

Collective Impact Workshop 1 will be offered in fall 2016. This workshop is designed to help teams of leaders from at least 4-5 different community organizations committed to working on a common issue start to:

1. Articulate and refine population level outcome goals that they wish to achieve;
2. Develop a hypothesis of the activities required to begin achieving those outcomes (e.g. a theory of change);
3. Identify how they will test (and improve) their theory of change;
4. Build a community engagement strategy that ensures key stakeholders and other leaders are part of the change process;
5. Develop a 4-6 month strategy to deepen engagement on the issue, and advance activities to test a collective hypothesis.

If you have any questions, please contact Celeste Zimmer at [celeste@bchealthycommunities.ca](mailto:celeste@bchealthycommunities.ca)

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## **Dementia Education**

The First Link Bulletin calendar for July and August 2016 is now available.

For the full schedule of dementia education and events happening in your area, please [follow this link for the First Link Bulletin](#).

If you cannot view the bulletin through the link, please visit the "First Link Bulletins" page of our website at: <http://www.alzheimer.ca/en/bc/News-and-Events/Newsletters-and-bulletins/First-Link-bulletins>  
Scroll down to find the bulletin for your region.

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## **WITS anti-bullying program gets top marks**

The University of Victoria-led victimization prevention program for children—Walk away, Ignore, Talk it out, Seek help (WITS)—received top marks recently from Dalhousie University researchers, taking first

place when compared to six other international bullying prevention programs. More than 600 schools across Canada have used the WITS program.

Find more info about the [WITS program](#)

Read also:

CBC News: [B.C. anti-bullying program 'WITS' receives top marks from Dalhousie researchers](#)

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Do you have a resource, event or information you would like to share?

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the weekly

**Health Matters Newsletter**

