



Health Matters Newsletter July 14, 2017

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data- Island Health Releases Local Health Area Profiles
- Co-op Student Opportunity for Airshed Roundtable
- Tamarack Fall Institute
- Koksilah Music Festival Seeking Billets for Performers
- Cowichan District Hospital Foundation Fund Raiser



A sunset kayaking paddle in Cowichan Bay is a great way to end a day! The new Kayak launch is simply the best.

Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting- To be determined, 4:30-6:30**
- ✓ **Next Our Cowichan Network Meeting at September 14 Ramada Silver Bridge.** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

Community Events- Meetings

- **Community Response Team Meeting** July 20, 9 am-11am Meeting Room 213 at the CVRD
 - **EPIC-Community Steering Committee** July 20, 12:00 pm to 1:00 pm Ladysmith Community Health Centre Lower meeting room (Then moving to Duncan 2:00 pm-4:00 pm) Ts'i'ts'uwatul 'Lelum 5755 Allenby Road- Duncan, BC
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**1. Local Data and or Research- New LHA data Available for Cowichan,
Ladysmith and Lake Cowichan go to [Local Health Area Profiles - Island Health](http://www.viha.ca/mho/stats/lha_profiles.htm)**

www.viha.ca/mho/stats/lha_profiles.htm Island Health has fourteen local health areas (LHAs) – these are geographic areas defined by the Ministry of Health. The LHA Profiles provide information on things



**ENVIRONMENTAL SERVICES CO-OP STUDENT
ENVIRONMENTAL SERVICES DIVISION**

(CO-OP STUDENT - TEMPORARY POSITION)

Position: A temporary Environmental Services Co-Op Student position is available for the fall of 2017 in the Environmental Services Division within the Engineering Services Department at the Cowichan Valley Regional District. Reporting to the Manager, Environmental Services, the co-op student will assist the division in developing a long term airshed engagement and communications strategy for the region in support of the Region's airshed strategy and multi stakeholder group. This position will assist Division staff and partnering organizations with a range of activities which may include but is not limited to: developing a communications roadmap, strategy and supporting materials; implementing components of the strategy where possible; hosting and participating in engagement activities with stakeholders; developing communications and outreach materials; performing research and compiling information; field investigations; and, report writing. Information related to the Regional Airshed Strategy can be found at www.cvr.bc.ca/air.

Qualifications: Preferred candidates are enrolled in upper level communications, business marketing or related field. Preference will be given to candidates with knowledge and experience in communications writing, report writing, journalism, social marketing, community consultation, community planning, environmental master planning, environmental resource management, performing research, public speaking and facilitating discussions and creating positive social impact. A valid Class 5 BC Driver's License, First Aid with CPR Certificate as well as a satisfactory criminal record check and driver's abstract are required. The successful candidate will possess: effective verbal and written communication skills, social media skills; effective interpersonal skills including working well with subject area specialists and the general public; the ability to multi-task and work independently with minimal supervision; and, proficiency with Microsoft Office.

Hours of Work: This position is available for a period of 16 weeks commencing in the fall of 2017 with a flexible start date, subject to funding. Hours of work are 35 hours per week, Monday to Friday.

Salary: This temporary position is unionized (CUPE Local 358), and is compensated at \$20.62 per hour (July 1, 2016 rate). Additionally, this position will receive 14% in lieu of benefits, statutory holidays and vacation, bringing the compensation to \$23.50 per hour.

Applications: Qualified applicants are invited to submit a cover letter of application, a resume and a driver's abstract, in confidence, clearly quoting **Competition ES17066-E by 4:30 p.m. on July 28, 2017** to the Human Resources Division at hr@cvrd.bc.ca in MSWord or pdf format, or to 175 Ingram Street, DUNCAN BC, V9L 1N8, or by fax to (250)746-2522. To obtain your driver's abstract call ICBC at no cost at 1-800-950-1498 and have your driver's license ready.

Posted: July 6, 2017

Tamarack Community of Change Institute

In the lead up to our annual [Community Change Institute](#) taking place in the fall, we are releasing a series of papers, designed to focus your thinking and explore new ideas in the core areas of community change. A new paper will be released every few weeks and the line-up covers the topics:

- Community Engagement
- Building Trust when Working Collaboratively
- Shifting thinking about Collaborative Leadership
- Evaluating Community Impact
- Community Innovation through Design Thinking

We see our role in your learning journey kind of like a lighthouse – we scan the field for new ideas, we shine a light on powerful stories, and we help you navigate through your unknowns. The complex nature of community change means that a lot of our work takes place in environments that are uncharted. Consider these papers as some rays of guiding light.

The first paper, written by our Director of Engagement, Lisa Attygalle, is titled '[The Context Experts](#)' and discusses how to increase the authenticity of community engagement and eradicate tokenistic community engagement through the meaningful involvement of context experts. It includes three real-life stories of authentic engagement, and features six lessons to consider when designing community engagement processes.

[Read the paper](#)

This series of papers will culminate at the [Community Change Institute](#) – a five day learning experience focused on the theme of **Cities of the Future: Co-Creating Tomorrow**, that offers a blend of inspiring keynotes, workshops, hands-on tools, and city experiences with a focus on creativity and learning. The gathering is taking place in **Vancouver, BC** from **September 25-29**, and will bring over 200 people together who are working towards positive community change from across Canada, the United States and internationally. This event is the highlight of our year. We hope you can join us there.

We can't stand still in this work; we need to constantly be looking for new ideas and challenging our assumptions. During the [Community Change Institute](#) we will go deep, and based on feedback from past participants, your learning will be immense. If you have any questions, please reach out to Natasha (natasha@tamarackcommunity.ca). If you're working on getting approval to attend, you can [hold your seat here](#).

keep your eyes peeled for the next paper and all the best in your learning journey.

Sincerely,

Liz Weaver
Vice President and Director
Tamarack Institute

Koksilah Music Festival Seeking Billets for Performers

We are looking for billets for performers and speakers at the Koksilah Music Festival, Sept 8-10th at Providence Farm. We would like to make sure our out-of-town performers are put up in safe, welcoming, tolerant homes. Please only circulate this to folks who you know and trust. Don't post on message boards or send out to mailing lists. Some of our performers need only one sleeping space, others are full bands who may need sleeping spaces for 6! Let us know what you have available.

Check us out at koksilahfestival.com if you haven't already. The festival is a fundraiser for local grassroots indigenous resurgence projects. Performers are playing for minimal remuneration and organizers are all volunteer.

If you have space to offer, please let us know. Send an email to koksilahfestival@gmail.com with "Billet Offered" in the subject line to make it real easy for us. Include the following information please:

General description of the space, sleeping arrangements, and the people the guests will be sharing space with. Please include the following information at least:

Number of beds offered and a description of the arrangement

Washroom info - shared?

Accessibility info

Pets at house

Pets allowed?

Street Address/Instructions to Suite/House

Email Address

Phone Number

Dates Available

Any other relevant info

We will contact folks who offer spaces individually to ensure compatibility and then put you in touch with the performers nearer to the festival date. Thank you so much for helping! Hope to see you at the festival!

Koksilah Festival Collective

COWICHAN DISTRICT HOSPITAL  FOUNDATION

2017 DRAW FOR A 1930 MODEL A FORD

DRAW DATE: AUGUST 27 AT 2:00 PM
VANCOUVER ISLAND MOTORSPORT CIRCUIT

TICKETS: \$100 PER TICKET



PROCEEDS TO GO TO UPGRADING OF EQUIPMENT
FOR COWICHAN DISTRICT HOSPITAL

CAR DONATED BY SAGER FAMILY

SUPPORTED BY SHAWNIGAN LAKE GARAGE,
TC CONSULTANTS AND MARK ZOMAR
2000 TICKETS TO BE SOLD

BC GAMING EVENT LICENCE # 96570

TICKETS CAN BE PURCHASED AND CAR CAN BE SEEN AT
THE JUDY HILL GALLERY, 22 STATION ST., DUNCAN, ON DUNCAN DAY

Do you have something to share?
Send it to cindylisecchn@shaw.ca and it will be included in the weekly
Health Matters Newsletters