



Health Matters Newsletter January 6, 2017

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data/ Relevant Reports and Information- 2017 Homeless Count- **Seeking Volunteers**
- BC Centre for Palliative Care Seeking Support for Feedback
- Granting Opportunity for Summer Student Jobs
- Alzheimer of BC Society Bulletin



It was so beautiful this morning that I raced down to the park to capture the sunrise! Good Morning Everyone!

Our Cowichan- Network Member Meetings-

- ✓ Next Admin Committee Meeting- **February 9 5:00-8:00** Committee Room 2 CVRD
- ✓ Next Our Cowichan Network Meeting **January 12, Clements Centre.** Light dinner at 5:30 pm Meeting starts at 6:00 pm.

Community Events

- **Next Sobering and Detox Task Force Meeting January 19** Room 213 at the CVRD
 - **Changing Philosophy of Social Media Workshop-** Hosted by Volunteer Cowichan January 17, 1 pm to 2 pm \$15.00 Contact Jennifer Lazenby at 250-748-2133
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Local Data and or Research- Cowichan Homeless Count 2017 HOLD THE DATE- A homeless count will be undertaken on Monday February 20th. **Seeking Volunteers** to support the count in a variety of locations. If you are interested in volunteering some time or are able to provide a staff person for this work please contact Joy Emmanuel at Joy joy.turningtimes@gmail.com More information will follow in the New Year

BC Centre for Palliative Care Seeking Support for Feedback (See attached poster)

We are looking to recruit members of the public to provide feedback on select materials that we are developing on Advance Care Planning (ACP) and healthcare decision making.

We are recruiting adults living in British Columbia, in particular people who know little or nothing about ACP, to participate in one or more of the following: online survey; in person or telephone interview; in-person focus group.

Please note, at this point we are looking for members of the public to consider the documents for using for themselves or with a family member/friend.

In the near future we will be looking for feedback from those that through their work or volunteering would be recommending these documents to people (such as hospice society volunteers assisting with ACP or providing ACP education).

Thank you in advance for your assistance,

Rachel

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Dear Community Members and Fellow Agencies. We wanted to ensure that you received this granting opportunity from Alistair MacGregor, MP.

Dear Community Stakeholder,

I am writing to you to ensure you are aware of the federal funding through the Canada Summer Jobs program 2017. The application deadline for this program is January 20, 2017.

As you may know, Canada Summer Jobs helps employers create summer job opportunities for students in their communities. The program provides funding for not-for-profit organizations, public-sector employers and small businesses with 50 or fewer employees to create summer job opportunities for students aged 15 to 30.

The Canada Summer Jobs (CSJ) program has an ongoing annual budget of \$107.5 million in contribution funds. The riding of Cowichan-Malahat-Langford will receive a total of \$401,131 in funding for 2017, which includes an additional \$161,763 in funding for the year.

Applications are assessed and scored by Service Canada on the following criteria:

1. Job supports the provision of services in the community
2. Job supports local priorities
3. Job provides career-related work experience or early work experience
4. Salary offered contributes to the student's income
5. Employer provides supervision and mentoring
6. Project activities are directed toward members of and support the vitality of an Official Language Minority Community
7. Employer intends to hire a priority student

The Canada Summer Jobs 2017 local priorities for Cowichan-Malahat-Langford are:

Special Events

- * Community events that showcase and support local culture
- * Canada's 150th anniversary of Confederation

Location

- * Indigenous communities

Sector

- * Not-for-profit and private sector organizations that have 10 or fewer full-time employees
- * Arts and culture
- * Tourism
- * Skilled trades: construction, value added manufacturing, hospitality, technology and health
- * Summer programs and camps for children and youth
- * Environmental protection, green industries and mitigation of climate change
- * Food security
- * Habitat maintenance and restoration
- * Alternative energy
- * Security of groundwater
- * Organizations that support civic engagement in international development
- * Volunteer based and/or volunteer promoting organizations

Canada Summer Jobs applications are available at Service Canada Centers and online at servicecanada.gc.ca/csj. Applications must be submitted by January 20, 2017. Employers will be able to complete and submit their applications online, by mail or in person (note that faxed applications are not accepted).

If you have any specific questions about applications, please contact Service Canada officials directly at: 1-800-935-5555.

I trust this information will be helpful to you. Thank you.

Sincerely,

Alistair MacGregor, MP

Cowichan-Malahat-Langford

(TEL) 250-746-4896

(OFFICE) 1-866-609-9998 | (FAX) 250-746-2354

~ J A N U A R Y ~

PHOTO CREDIT: JULIAN NAPOLEON

This January we are bringing you meaningful sessions with relevant topics in Indigenous health and wellness. Join us in the comfort of your own home via webinar, or at the office with co-workers via video conference. Please register below to participate in our sessions!

[View technical requirements](#)



Part I: Indigenous Health
Leadership

~ Leslie Bonshor ~

January 12th, 2017, 10:00-11:30 am



Indigenous Bio-cultural Heritage: Health, Wellness and the Land

~ Julian Napoleon ~

January 17th, 2017, 10:00-11:30 am

[REGISTER](#)

Video conference Technical Support

For technical support with your video conference equipment for our online events, please call 1-844-364-7878 or email eHealthSupport@fnha.ca.

Webinar Technical Support

For webinar technical issues contact the MedIT Service Desk for our online events. medit.servicedesk@ubc.ca, 1.877.266.0666
IT Support: 8:30 am–4:30 pm
Monday – Friday

Alzheimer Society of BC Insight Bulletin

Below is a link to the winter 2017 edition of the Alzheimer Society of B.C.'s *Insight* bulletin for people living with dementia.

[Insight - Winter 2017](#)

In this edition:

- We offer tips to help you plan and achieve your goals for the New Year (**page 1**).
- People with dementia share their New Year's resolutions (**page 2**).
- A poem written by a person with dementia is featured in Creative Corner (**page 7**).



To view past editions visit [here](#).

Upcoming Dementia Education Tele-workshop

Date and Time: Wednesday, February 15, 2017 2 p.m. PST

Topic: Understanding Tax Benefits and Credits

Tax season can be a confusing time for people affected by dementia. This tele-workshop will walk you through the various benefits and tax credits available to people with dementia and caregivers, such as the Disability Tax Credit.

To connect by phone call 1-866-994-7745 and enter participant pass code 1122333.

To watch the session live on your computer visit momentum.adobeconnect.com/alzheimerbc and enter as a guest.



Sincerely,
Alzheimer Society of B.C.
Insight@alzheimerbc.org



Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

Health Matters Newsletter

