



Health Matters Newsletter February 24, 2017



Panorama shot of the view from the Arbutus Trail leading to the Herd Road lookout. You can see Maple Bay, Cowichan Bay and Quamichan Lake. The trailhead is on Arbutus Avenue on the left side of the road about 800 metres past the Rampart and Lion Pub in Maple Bay.

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data/ Relevant Reports and Information- 2017 Point in Time Homeless Count
- Innoveave Impact Accelerator Workshop in Victoria, BC ([Deadline to register Monday Feb 27](#))
- Social Policy Framework Article
- Study: Low socioeconomic status linked to higher mortality and years of life lost

Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting- TBD 5:00-8:00** Committee Room 2 CVRD
- ✓ **Next Our Cowichan Network Meeting April 13** at **Ramada Silver Bridge**. Light dinner at 5:15 pm
Meeting starts at 5:45 pm.

Community Events

- **Next Sobering and Detox Task Force Meeting March 16** Room Committee Room 2 at the CVRD

- **Everyone Should Have a Home Forum- March 6 Ramada Silver Bridge 9 am to 4 pm.**
Registration required- contact **Melaina Patenaude** ciocci@uwcncvi.ca
- **The Canadian Federation of University Women Cowichan is hosting a luncheon and presenting Melie de Champlain** speaking about her work with Syrian refugees in Europe and locally. Please consider joining us and note that gentlemen are most welcome. Register by sending a \$25.00 cheque to: Sheila Service, P.O. Box 1143, Lake Cowichan, BC V0R 2G0 [Pre-registration is a requirement.](#)

Local Data and or Research-

Point in Time Homeless Count- completed February 21. 192 surveys were completed at the 7 sites and by the mobile team. Our count for the absolute homeless population in Duncan is over 80 individuals. More information regarding the count will be released soon. Thank you to those who volunteered time, services or goods for this important day.

Innoweave Impact Accelerator Workshop in Victoria, BC

Are you interested in enhancing the impact of your organization and exploring the different social innovation approaches and tools that help achieve greater impact?

The Innoweave Impact Accelerator is organized in partnership with [BC Healthy Communities](#).

[Register Now](#) ! The deadline to register for this informative event is Monday, February 27th so be sure to [register using the link here!](#)

The Innoweave Impact Accelerator is a half-day workshop that helps organizations pinpoint the impact they want to have, and understand the different social innovation approaches and tools that can help them achieve that impact.

Since its launch in 2012, [Innoweave](#) has leveraged social innovation tools to help hundreds of organizations achieve their mission and generate greater impact.

What does the Innoweave Impact Accelerator involve?

This session will allow attendees to:

- **EXPLORE** how social innovation approaches can amplify nonprofit organizations' ability to achieve outcomes and impact
- **IDENTIFY** ways in which organizations can integrate impact measures into their goals (through tools such as a Theory of Change)
- **ENGAGE WITH** and learn from other organizations that have successfully implemented social innovation tools
- **SELECT** the social innovation tool that will help your organization improve its ability to achieve mission and generate greater impact

- **UNDERSTAND** supports available through the Innoweave process, and highlight opportunities to access coaching funding through Innoweave

Event Details

When: Thursday, March 2nd, 2017, from 9:30am - 12:30pm.

Where: Victoria, BC - [735 Broughton St](#) , Greater Victoria Public Library Central Branch, Community Room

Cost: Free.

Registration: Register now using the [link here](#). It is recommended that organizations send a team of 2-3 people to this event.

What happens after attending an Innoweave Impact Accelerator session?

Organizations that attend the session will have the opportunity to register and apply for upcoming introductory webinars and full-day workshops focused on specific Innoweave modules. A list of all upcoming webinars and workshops is [available here](#).

Organizations that attend a full-day workshop for a specific module are eligible to apply for [Innoweave Implementation Funding](#) in January and July of each year.

If you have questions or would like additional information, please email info@innoweave.ca.

Thanks,

The BC Healthy Communities and Innoweave Teams

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Social Policy Framework - check out the article in the Victoria Times Colonist about the importance of a social policy framework when dealing with complex human and social problems. Check it out here: <http://www.timescolonist.com/opinion/op-ed/comment-province-needs-a-social-policy-framework-1.8892494>

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Study: Low socioeconomic status linked to higher mortality and years of life lost

This [new study](#), published in the *Lancet*, compares the contribution of socioeconomic status to mortality and years-of-life-lost with that of conventional risk factors (high alcohol intake, physical inactivity, current smoking, hypertension, diabetes and obesity) currently considered in global health strategies.

The study's results showed, "The association between low socioeconomic status and premature mortality was consistent across causes of death."

The authors note that "socioeconomic circumstances are modifiable by policies at the local, national, and international levels through interventions such as promotion of early childhood development, poverty reduction, improvements to access to high-quality education, enacting of compulsory schooling laws, and creation of safe home, school, and work environments."

These are the same preventive public policy prescriptions First Call and many others have been urging all levels of government to act on for decades in order to reduce the health inequities caused by income inequality and high poverty rates.

Find the study “Socioeconomic status and the 25 × 25 risk factors as determinants of premature mortality: a multicohort study and meta-analysis of 1.7 million men and women” at [http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(16\)32380-7/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(16)32380-7/fulltext)



Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

Health Matters Newsletter